



## RATIONALE

School communities can contribute to reduced skin damage and skin cancer through active participation in skin protection education and management practices.

Therefore, at Nuriootpa Primary School:

### **During terms 1 and 4 all staff and students will be expected to adhere to the following guidelines while outside:**

- Wear a bucket hat that shades the face, neck and ears from the sun.
- Play in shady areas if at all possible.
- Hats are compulsory during any excursion out of school premises. This must be stated in any note home to parents prior to the excursion- this is the responsibility of the class teacher.
- We encourage students and staff members to use a sunscreen with an SPF of a least 30+ when outside for extended periods i.e. an hour or more.
- During any outside class activity, students without hats will work in the shade.
- Each student is responsible for wearing his/her hat at the designated times. Students who do not have access to a hat during these compulsory times will need to remain either under covered playground seated area or in the library during any outside school break.

### **During terms 2 and 3:**

- The wearing of hats will be strongly encouraged, especially on high UV radiation days.
- We encourage students and staff members to use a sunscreen with an SPF of a least 30+ when outside for extended periods i.e. a number of hours.
- Play in shady areas on high UV radiation days if at all possible.
- Hats are encouraged during any excursion out of school premises.
- Hats are **compulsory** for all outside activities during the Nuriootpa Primary School Sports day.
- Sun screen should be readily available in all classrooms.

In accordance with the School's Dress Code Policy the hat must be broad-brimmed and navy blue.

### ***School Responsibilities:***

- Staff wear sun protection while working outside
- Provide sunscreen for staff and students for use during school hours.
- Provide suitable hats for sale
- Raise awareness of Sun Protection issues (eg skin cancer prevention program) through its curriculum.
- Encourage students to monitor when days are likely to have high UV levels, and to protect themselves accordingly during any school break or outside activity.

### ***Parents/Caregivers will help by:***

- Supporting school and community health and safety messages.
- Providing suitable hats and clothing for their children.

### ***Students will help by:***

- Taking responsibility in ensuring they have access to their own hat every school day.
- Making responsible choices where they play for extended periods of time on high UV days.

It is most important that children realise that this policy is devised to educate them about the effects of **ultraviolet radiation** as well as to help them look after the health of their skin for the present and for the future.

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(08)8562 1040 | [Vicky.ireland21@schools.sa.edu.au](mailto:Vicky.ireland21@schools.sa.edu.au) | [nurips.sa.edu.au](http://nurips.sa.edu.au)

