

SUN SMART POLICY

School: Paradise Primary School
Approved By: Governing Council
Approval Date: 2026
Review Date: 2029



1. Purpose

To protect students, staff and visitors from harmful ultraviolet (UV) radiation and extreme heat while supporting lifelong sun-safe behaviours.

2. Scope

This policy applies to all students, staff and visitors during outdoor activities conducted on-site and off-site, including excursions, camps, sports days and swimming programs, whenever UV levels are **3 or higher**.

3. Rationale

Excessive UV exposure can cause skin and eye damage and increases the risk of skin cancer. As UV radiation cannot be seen or felt, consistent sun protection is required. The school has a duty of care to minimise risks associated with UV exposure and extreme weather conditions.

4. Legislative Context

This policy aligns with:

- Education and Children's Services Act 2019 (SA)
 - Work Health and Safety Act 2012 (SA)
 - Duty of Care obligations
 - Department for Education requirements
 - SunSmart guidelines
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5. Policy Statement

Paradise Primary School implements a combination of sun protection measures during **Terms 1, 3 and 4**, and whenever UV levels reach 3 or above. Staff access daily UV ratings via the SunSmart app or www.myuv.com.au to guide practice.

6. Procedures

6.1 Extreme Heat

When the **predicted or actual temperature reaches 37°C or higher**, students remain **indoors during recess and lunch**. Outdoor learning activities may be modified or relocated indoors.

6.2 Clothing

Students wear sun-protective clothing as part of the school uniform, including loose-fitting garments with appropriate coverage. Rash tops are recommended for swimming activities.

6.3 Sunscreen

- SPF 30 or higher broad spectrum sunscreen is available at school.
 - Students are encouraged to apply sunscreen 20 minutes before outdoor activity and reapply every two hours during extended exposure.
 - Students may supply personal sunscreen.
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6.4 Hats

Students and staff must wear approved sun-protective hats (broad-brimmed, bucket or legionnaire) during Terms 1, 3 and 4 and when UV levels are 3 or higher.

Baseball caps are not permitted.

Students without hats will remain in designated shaded areas (shaded pergolas outside classrooms).

6.5 Shade

The school will:

- maintain adequate natural and built shade;
- conduct periodic shade reviews;
- consider shade in planning outdoor activities and future developments.

Students are encouraged to use shaded areas whenever outdoors.

6.6 Sunglasses (Optional)

Students and staff may wear sunglasses meeting Australian Standard AS/NZS 1067.1:2016. Novelty glasses without UV protection are not recommended.

6.7 Staff Responsibilities

Staff will:

- model sun-safe behaviours;
- wear protective hats and clothing outdoors;
- encourage sunscreen use and shade seeking;
- supervise student compliance with sun protection practices.

Families and visitors are encouraged to follow SunSmart practices.

7. Curriculum

Sun safety education is reinforced through classroom learning, wellbeing programs and whole-school communication.

8. Monitoring and Review

The Principal or delegate monitors implementation. This policy will be reviewed every three years or as required.

9. Related Documents

- School Uniform Policy
- Excursion Policy
- Work Health and Safety Procedures