



Endorsed	May 2024
Review date	May 2026
Responsibility	School Leadership and Governing Council

# Nut Aware Policy

## Context:

The Department for Education requires schools to promote and construct learning environments that are safe and supportive. Students and staff may have Anaphylaxis, the severest form of allergic reaction and nuts or nut products may be a trigger. This means that exposure at school may constitute a risk to their health and wellbeing. It is impossible to guarantee the environment will be free of potential hazards. However, compliance with reasonable guidelines will minimise the potential risks.

We have students in our school with a life-threatening food allergy – anaphylaxis to nuts.

This is a medical condition that causes a severe/even fatal reaction to specific foods. These reactions can be triggered by contact, ingestion, or inhalation.

This policy acknowledges that due to current food practices, it is impractical to eliminate nuts and nut products entirely from an environment where there is food. The emphasis is on raising awareness and adopting the reasonable procedures termed as 'Nut Awareness'.

## Purpose

To raise awareness of anaphylactic conditions for all members of the school community.

## Management

### Parents / Carers

- Are requested not to send food to school that contains nuts. This includes peanut paste, Nutella, all nuts, and cooking oil that may contain peanut oil, and foods containing nuts.

### Students

- Are encouraged not to share food.
- Are encouraged to wash their hands after eating.



**Staff**

- Supervise eating at lunchtime. If nut products are brought into the classroom, the child will be sent to the front office to eat their lunch. All children will be encouraged to wash their hands before returning to their learning space.
- Are aware of students who have anaphylactic responses, including nut allergies.
- Participate in first aid training in understanding and dealing with Anaphylaxis (severe allergic reactions) as the need arises.

**Communication:**

- This policy will be communicated via the school communications apps and at Acquaintance Night.
- New families to the school community are informed via information in their enrolment package.
- The Governing Council is informed and give approval and support to this policy.
- Staff are informed via inductions, colleagues, and the newsletter.

**Management of students with nut allergies**

- Students identified by a doctor as having anaphylaxis due to a nut allergy must submit to the school a Health Care Plan.
- Clear instructions as per the health care plan are distributed in the class folder handed out at the beginning of the year
- Specialist teachers' folders, handed out at the beginning of the year
- Relief teachers' information folder – clearly identified in red
- Yard duty bags contain a photo of the child and instructions of what to do when a reaction occurs.

