



# Kurna Plains School R-12

Strength Through Learning • Taingiwilta Tirkanthi-arra

NEWSLETTER #2 Term 1, Week 3 2026



## Term 1 Diary Dates

### Week 3

- **Friday 13 February**  
National Apology Day  
STEM Scholarship Induction Day

### Week 4

- **Wednesday 18 February**  
Lattes n Learning Open Night
- **Thursday 19 February**  
Assembly 9:10am
- **Friday 20 February**  
Pupil Free Day

### Week 5

- **Monday 23 February**  
Pupil Free Day

### Week 6

- **Tuesday 3 – Thursday 5 March**  
Dental for Schools
- **Thursday 5 March**  
Assembly 9:10am
- **Friday 6 March**  
School Photos

### Week 7

- **Monday 9 March**  
Public Holiday (Adelaide Cup Day)
- **Wednesday 11 – Monday 23 March**  
NAPLAN

### Week 8

- **Tuesday 17 – Wednesday 18 March**  
Deadly Coders Incursion
- **Wednesday 18 March**  
National Close the Gap Day  
Assembly 9:10am

### Week 9

- **Monday 23 – Friday 27 March**  
Kids on Country Camp
- **Monday 23 – Tuesday 24 March**  
LifeEd R-12 Program

### Week 10

- **Monday 30 March – Thursday 2 April**  
One Plan Meetings
- **Friday 3 April**  
Public Holiday (Good Friday)

### Week 11

- **Monday 6 April**  
Public Holiday (Easter Monday)
- **Thursday 9 April**  
Community Breakfast & Assembly
- **Friday 10 April**  
Sports Day (TBC) & Last day of term



## Niina Marni

Naa Marni,

### Assemblies

It is great to see so many of our family members at our assemblies on Thursday mornings. All families are welcome to attend every second Thursday morning at 9.15am. Having our secondary students support our younger students is always wonderful to see. Thank you to the collaboration of staff and students.

### In the News

It was announced in the heart of Kurna Yarta on the banks of Karrawirra pari, there will be the creation of six statues of Aboriginal leaders. The most significant to our Kurna Plains School community is honouring Dr Alice Alitya Rigney AO PSM (1942-2017) as the first Aboriginal school principal in Australia. She retired as principal of our school here at Kurna Plains. We look forward to seeing the development of this statue as we honour such a significant person in our local community.

### High-level behaviour incidences

Over the past few weeks, we have had several high-level behaviour incidences. Student safety and wellbeing remain our highest priority. At Kurna Plains School, we see each other as family. We have the highest expectations for respectful behaviour from students, families, staff and community members, and we work together to keep our school a safe and supportive place for everyone. Thank you for your ongoing support and partnership.

### Communication

Please remember if you would like to chat, come and make a time to see me.



I am always willing to have a yarn to achieve the best outcomes for our children and young people.

**Cinzia Greco**

**Principal, Kurna Plains School**

# Deputy Principal Update

## Attendance

Welcome back to 2026! As always, attendance is one of the most important things to ensure students are engaged and learning at school. Teachers have so many exciting and cultural learning experiences planned and we look forward to sharing them with you.

Current R – 12 Attendance Rate **73%**

Current Primary Attendance Rate **74.5%**

Current Secondary Attendance Rate **71.3%**

Keep up the great work – **our 2026 aim is to increase our overall attendance rate to over 75%.**

Congratulations to the below students who have made a strong and positive start to the year with 100% and over attendance!



Riiver	Zavier	Jumani	
Ibrahim	Ryder	Harry	Matilda
Scott	Cole	Lylah	Kyah
Ammy	Deshaun	Darius	Zachary
Aziah	Loki	Ceasar	Ollie
Kairo	Raheim	Mia	London
Dallas	Shaquille	Yasmin	Alison
Sydney	Sakara	Matthew	Jordan B
Brian	Mayson	Milah	Inara
Hunter	Indy	Destiny	Kaleaha
Shaniqua	Keah	Jordan K	Caitlin

## Assemblies

We invite families to attend our assemblies which are being hosted fortnightly (even weeks) on Thursdays at 9.15am in the gym. Assemblies are a chance to see what classes have been learning about and celebrate our CORKA students and Deadly Learners. Our Week 10 assembly will move to Week 11, where we will also have our community breakfast.

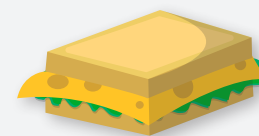
## Wellbeing

We welcome back Play Therapy this year in our early years who are on site on Fridays. We are thrilled to have Joey from Anglicare on board on Tuesdays, teaching Rock & Water to our Primary students. We have also welcomed a new therapy dog program on Thursdays with Tracey and Marvin. Yara Family are again hosting our Basketball Club on Wednesdays 3 – 4 and mentoring all day Wednesday.

## Breakfast & Lunch Club

**Breakfast Club** is open 8.30 – 8.50am and all are welcome to grab some toast on the way to class in the morning.

**Lunch Club** is open 12.50 – 1.10pm for Secondary students only. Students are encouraged to bring their own sandwiches, noodles or food to heat up. There are limited amounts of emergency lunches. If your child access emergency lunch multiple times in a week, this will be communicated with you.



**Food Truck** comes on site for Years 5 upwards on Tuesdays and Thursdays for students to make purchases.

**Aunty Natalea**  
**Deputy Principal**

# Engagement and Wellbeing Leader

Welcome to 2026! We have had a very busy start to the year, as expected, as learning never stops. As learning is our core business, and our school is rapidly growing - the staff and students initiated a document that would display our expectations, values and consistent approaches so that all stakeholders are well informed.

The document was published after hearing the voices of our students, staff, leaders, families and wider community. Please read through the *KPS Expectations and Consistency* document. It's like a 'cheat sheet' if you will, that will put the focus on maximising learning and experiences for our students.



As always, please ask if you have any questions or need any further clarification. This document supports our Engagement process and is complimented with visuals for our younger learners.

**Uncle Tom**



## Kaurna Plains School R-12

Strength Through Learning • Taingiwilta Tirkanthi-arra

### Expectations and Consistency at KPS

#### Before School:

- Green benches and classrooms are the designated spots before school - please stay off the playground area.
- Once you arrive at school, stay on the premises until it's time to leave.

#### During School:

##### Learning Time:

- We have Circle Time to begin and end each day.
- When we need attention, we'll use the "Waterfalls" signal to help everyone focus.
- When someone is speaking, please "Track the Speaker" so we can listen respectfully.
- Healthy snacks are best to keep our energy up!
- We stay in class until 3pm, ready to learn.
- One person at a time for toilet and drink breaks.
- Lanyards must be worn by all students outside the classroom when not supervised.

##### Classroom Time:

- Students are expected to be in their own class and following the teacher's instructions.
- If you need to visit the office, teachers will help by calling ahead.

##### Break Times:

- Primary students wear hats in Term 1 and 4.
- R-6 students: Play in the Quadrangle or enjoy Basketball.
- 5-12 students: Basketball in the gym.
- R-4 students: Play on the playground.
- 5-12 students: Ninja playground is open.
- Please don't kick balls in the Quadrangle - let's keep it safe!
- The Secondary kitchen is open from 12:50-1:10 (students, please check in with the Ab Ed team after this).
- The Courtyard is a quiet place, free from running and eating.

##### Lining Up:

- Be ready to line up before the bell rings so we can transition smoothly to class.

##### Eating Time:

- We have 10 minutes after the bell for quiet time in class. Let's enjoy this moment of calm together.
- We love to see you hydrate with water. We can't have caffeine, energy or soft drinks – they don't help us learn!

#### General Expectations:

<b>Co-operation</b>	We cooperate with laws - phones and devices stay off and in the office during school time.
<b>Organisation</b>	Uniform is organised to match our school colours, and clothes should be sun safe and appropriate.
<b>Respect</b>	Respectful language is key - let's keep swearing out of our conversations.
<b>Kindness</b>	Hands off means we kindly respect personal space.
<b>Acceptance</b>	We are accepting of everyone – racism, homophobia, ableist, sexual harassment has no place here.

(continued over)

# Engagement and Wellbeing Leader (continued)

**Kaurna Plains School R-12**  
Strength Through Learning • Taingiwilta Tirkanthi-arra

**C**ooperation  
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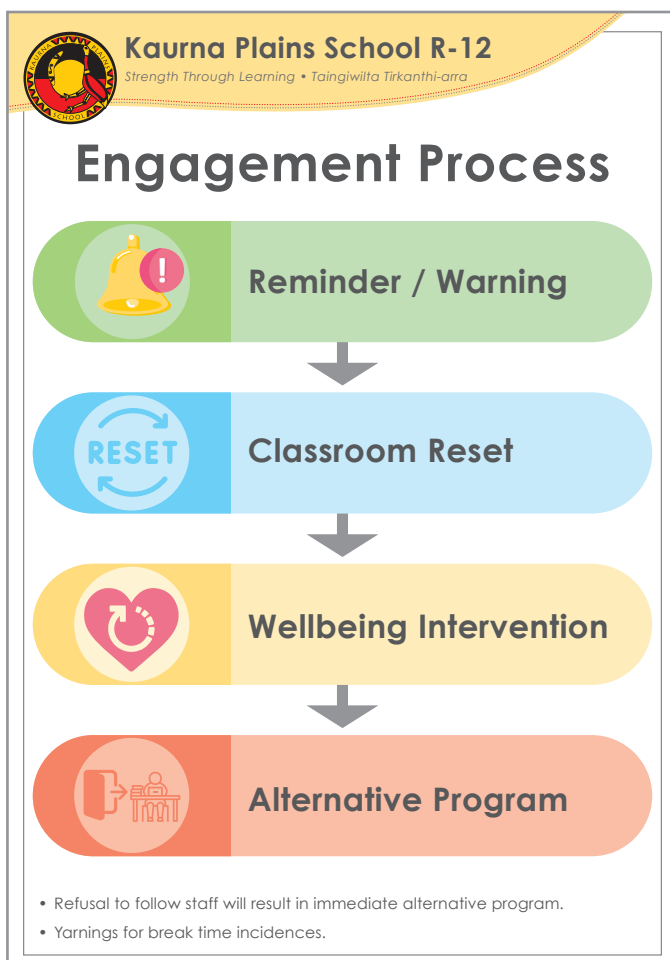
**Primary students wear hats in Term 1 and 4.**



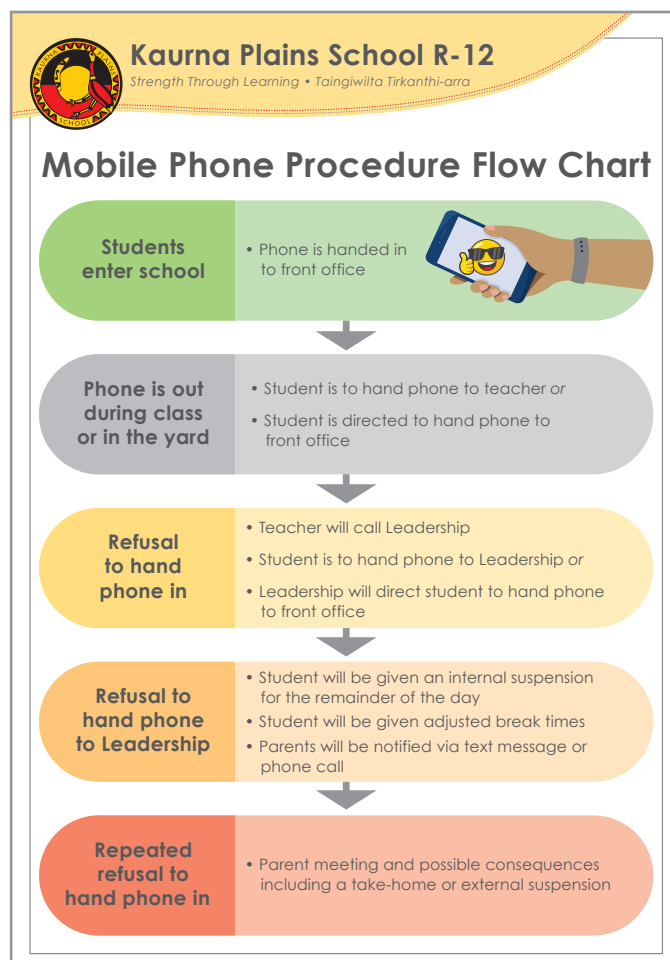
**Ninja Playground is for Year 5-12 students.**



A reminder of our engagement process:



And our mobile phone policy:





# Aunty Leayshia

## NAPLAN

As your children move through school, we regularly check how they are going with reading, writing and maths.

NAPLAN (National Assessment Program – Literacy and Numeracy) is one way we do this. It gives teachers and families a snapshot of how students are progressing compared to national standards.

In 2026, students in Years 3, 5, 7 and 9 will take part in NAPLAN.

- Practice test: Week 5
- NAPLAN testing window: Wednesday 11 March to Monday 23 March 2026

If you have any questions or concerns about NAPLAN or your child's participation, please contact Leayshia on 8252 4419.

## Literacy Intervention

Our literacy intervention programs will soon be up and running, supporting students from Reception to Year 9.

Over the past few weeks, our team has been busy assessing, monitoring and tracking student progress in reading, writing, speech and language. This helps us identify which students need extra support and which intervention programs will best support their learning.

Through the Closing the Gap initiative, we work with MultiLit to deliver targeted programs such as MiniLit Sage and MacqLit, ensuring support is carefully matched to each learner.

We are also incredibly lucky to have our speech pathologist, Paula, working with us in 2026 to help create tailored support for students, particularly in the area of speech and language.

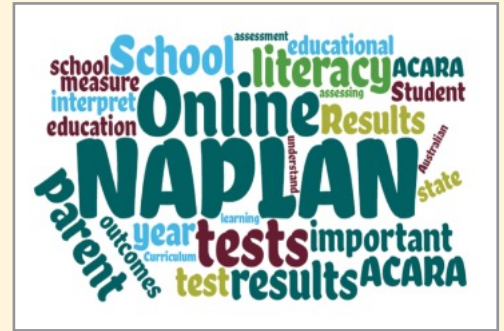
Our intervention team includes:

- Aunty Lauren, who has returned from maternity leave... we are so happy to have her and her strong knowledge in speech back.
- Aunty Ruhi, who brings strong speech skills and works closely alongside Aunty Lauren.
- Aunty Nadene, who has joined us this year and will be supporting students in intervention two days a week.
- Aunty Fiona, who has strong literacy intervention skills and has been working incredibly hard to support students and their learning.

Together, this team provides targeted support to help students build confidence and success in literacy.

If you would like more information about literacy intervention or how your child is being supported, please contact Leayshia on 8252 4419.

## Aunty Leayshia



# Uncle Antony

## Taikurtirna, wanti naa?

(Family, where are you going?)

My name is Antony Yates and I am one of the Kurna language teachers here at KPS, alongside Auntie Cherylynne.

First, I want to say how good it is to be back at Kurna Plains. It feels like I've come home. Second, I wanted to remind everyone of some of the benefits of language learning.

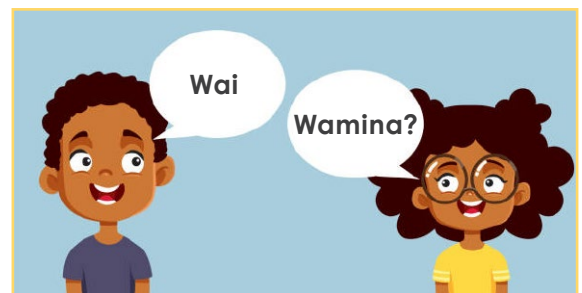
We know that language helps us feel stronger in who we are, where we come from, and how we're connected. If your family is Kurna, learning language connects you back to Country and ancestors in a way that nothing else quite does. If you're from another Nation, learning Kurna language helps you connect to and understand the Country you're living and learning on. It also supports us to practise sounds of language and learn language structures that are really useful when we learn our own languages too.

More broadly, language learning is great for how we think... it supports our memory, problem-solving, creativity, and confidence.

In the first 2 weeks of high school language lessons, we've refreshed ourselves on some contemporary Kurna greetings (you'll see some of these in the table included here). We've also spent time mapping out some really important ideas like 'What does it mean to be Aboriginal? What is culture? What is identity and belonging? And what do all of these mean to us as a class and as a school community?'

I'm really looking forward to the year ahead, and I hope our students and families are too. I also wanted to say that if any families or community members have questions about Kurna language, or words or phrases they'd like help with, please feel free to reach out and ask. We're always happy to help with small things, and for more formal or significant requests we can connect you with the right people at **Kurna Warra Karrpanthi (KWK)**.

Finally, you might not have heard the greeting I used at the beginning of this article. Wanti naa means "where are you all going?". It's a traditional greeting with a lot of cultural meaning. We ask where someone is going because we want to travel with someone, and make sure they get there safely. In that way I'm hoping I can support all of your journeys this year as students, as staff, as families, and as a broader community.



**Marni padni** (Go well, travel safe)

## Contemporary Greetings and Expressions

<b>Wai</b>	Hey, oi, hi
<b>Wamina?</b>	Whats up?
<b>Panyi Marni</b>	Good morning
<b>Marni Ngulthi</b>	Good night
<b>Marni padni</b>	Go well
<b>Marni Wayintheta</b>	Good Ways / move well

(These are from the Tirkanthi Audio lesson with Uncle Jack Buckskin – Lesson 2 greetings)

**Uncle Antony**

## Rock and Water

Last week our primary school students began the Rock and Water program with Joey from Creating Ripples Consultancy. Joey is a strong Aboriginal man with a deep passion for delivering the Rock and Water program and empowering young people.

Our students have been engaging in games and drills that build self-awareness, confidence and reflection skills. It has been fantastic to see their participation and willingness to step outside their comfort zones. Rock and Water will continue to be delivered every Tuesday throughout Term 1, and we look forward to seeing the ongoing growth in our students as the program progresses.

**Aunty Helena & Uncle Michael**



## Life Education visit



### Life Ed is coming to your school!

Dear Parents/Caregivers,

Your school has chosen Life Ed to support the school's health and drug education this year. Life Ed SA will be visiting your school from **Monday 23<sup>rd</sup> till Wednesday 25<sup>th</sup> March.**

Life Ed is Australia's largest preventive health organisation empowering children to make safer and healthier choices so they can live happier lives. Life Ed provides a unique learning experience for children, giving them the skills needed to make informed decisions about their health and wellbeing. We cover topics such as:

#### Pre School

Body knowledge  
Personal safety  
Online safety  
Healthy lifestyle  
Social skills

#### Primary

Body knowledge Medicines  
Safety Cyber safety  
Nutrition Decision making  
Physical Activity Alcohol  
Relationships Tobacco/Vaping

#### Secondary

Peer pressure  
Decision making  
Tobacco / Vaping  
Alcohol  
Other Drugs

Each class will have the opportunity to experience Life Ed's unique, fun and exciting sessions, in their classroom (secondary), and in the inflatable Pop-up classroom (primary). We will provide your school with a comprehensive set of resources to continue delivering positive health messages throughout the year.

Healthy Harold, the much-loved Life Ed giraffe mascot, is always a highlight. The sessions are entertaining, interactive and will extend the children's understanding of the topics covered. Life Ed's programs are designed to grow, develop and change with the children as they navigate their own life journey.

Class teachers will be able to give you information about which module your child/children will be participating in. You can also access Life Ed's extensive range of parent information from their website at [www.lifeed.org.au/families/resources-for-parents-carers/](http://www.lifeed.org.au/families/resources-for-parents-carers/)

We look forward to visiting your school!

From the team at Life Ed SA



## Dental for Schools

Forms have gone out this week for the Dental for Schools program, who will be visiting us in Week 6. Each child will receive a clean and check-up, with all results sent directly to families.

If you have any questions, please feel free to reach out to the AbEd team.

**Aunty Helena & Uncle Michael**





## Aunty Natasha

This term in Health, the primary classes will be looking at friendships and emotions. This links in with CORKA which is a big focus at the start of the year. In PE, the primary classes will be developing their basic throwing and catching skills and their hitting skills using cricket and tennis equipment. Students will also be working on cooperation and team work when playing games and persistence when learning new skills. In the Frogs classroom, we have also looked at emotions and interoception. In PE, the Frogs have also practised some throwing and some rolling at targets, they have played with hoops and shown great cooperation to make trains with the hoops.

### Aunty Natasha



## Bilbies

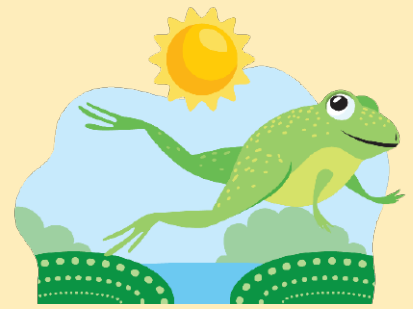




# Frogs

Dear families,

The Frogs have been getting to know each other during the last two weeks as we begin another school year. We have 3 new staff as well. Rachel, who is the teacher and Wendy and Teleah who are our SSOs. This fortnight we have been working on getting to know each other and getting to know the routines and rituals of both the school and our classroom. We have been focusing on social skills of saying 'hello' upon entry and working on taking it in turns.



While we have been settling in, we have been working on our literacy and numeracy skills and practicing the letters 'Ss' and 'Aa' as well as counting to 20. We have been learning this through practical activities and play-based learning as well as through reading stories and listening to songs and music on our smartboard. We have been exploring our backyard space even more now that we have a beautiful cover over it which provides us with much needed shade.

## The Frogs Team

## Year 1

We're so excited to begin a brand new year of learning together. This term we'll be settling into routines, making new friends, and exploring reading, writing, maths, and lots of hands-on activities. We are looking forward to cooking, gardening, CORKA time and growing our brains!

**Aunty Leanne**



*Maths grows my brain!*



*Rock & Water with Uncle Joey*



*Working on our co-operation skills*



## Aunty Fotina

Throughout the first few weeks of school we have been doing lots of activities that we needed to work on together. We have worked in groups, worked as a team and also worked as a whole class.

Last week, we spoke about our connection to country and where we feel happy and safe.

Lots of students spoke about going fishing with their family. Uncle Michael shared that he goes fishing at Point Pierce and catches butterfish.

Here are some of the things we discussed together:

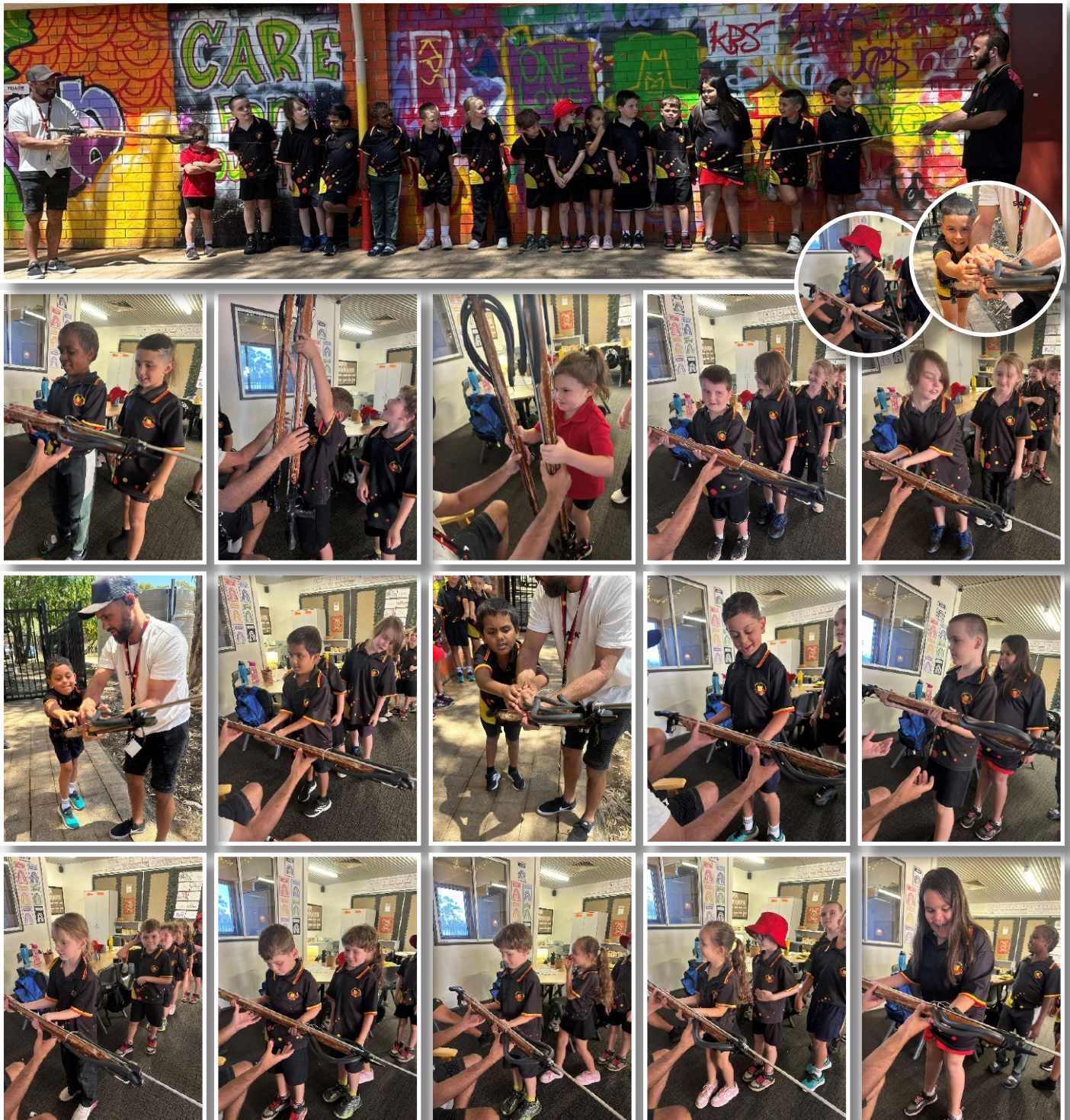
- A spear gun is used to catch butterfish in the water. To catch butterfish, you aim for its head or its mouth.

- To go spearfishing you need flippers, speargun, goggles and a snorkel.
- The flippers help you to swim underwater.
- Goggles help you to see under the salty water and stop your eyes from hurting.
- The snorkel helps you to breathe underwater.

The class lined up outside and learnt that the speargun can shoot longer than all of us lined up!

We can't wait to show you more of our learning throughout the term.

**Aunty Fotina, Aunty Tamika and Aunty Renae**





## Year 5/6 Kookaburras

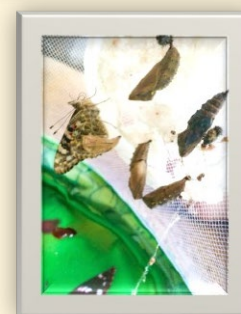
The Year 5/6 kookaburras have had a great start to the year with everyone settling back into school life. In class we have been looking at our CORKA values of cooperation and kindness. It has been awesome seeing the class welcome our new students to the school, get to know each other and make some new friends.



## Science Update – Weeks 1–3

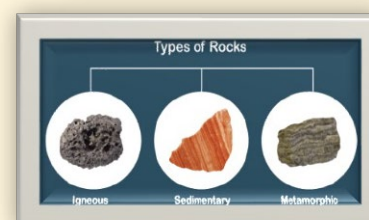
Our students have been actively engaged in a range of fascinating science inquiries this term across all year levels:

- **Frogs and Reception:** Students have been exploring the big inquiry question “What do we notice about living things?”, observing plants and animals and noticing their important features and needs.
- **Aunty Fotina’s Classes:** Building on foundational knowledge, students have investigated “How do living things change as they grow?”, looking closely at growth and change in both plants and animals.
- **Aunty Tina’s Class:** We have begun exploring the topic “What are the life cycles of plants and animals?”, learning about stages of growth and how living things develop and reproduce.
- **Uncle Tom’s Class (Years 4/5/6):** Students have engaged with the concept of metamorphosis, learning about dramatic changes in the lives of insects and amphibians, and understanding the reasons and processes behind these changes.



### Secondary Classes:

- **Year 7:** Students have focused on Physical Science and Earth and Space Science, investigating the effects of gravity and examining how the sun, Earth, and moon interact to cause phenomena such as seasons and eclipses (ACSSU115).
- **Year 8:** Learning has centred on Earth and Space Sciences, particularly how sedimentary, igneous and metamorphic rocks are formed by processes inside the Earth over various timescales. Students are discovering the important minerals found in different rocks (ACSSU153).

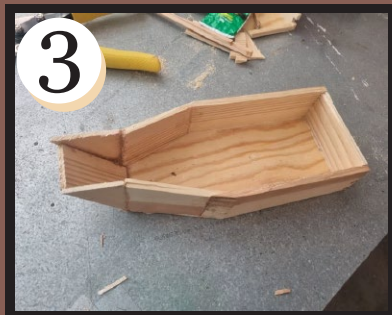


Our classes have shown wonderful curiosity and engagement in their science learning, and we look forward to sharing more discoveries in the coming weeks.

**Uncle James**



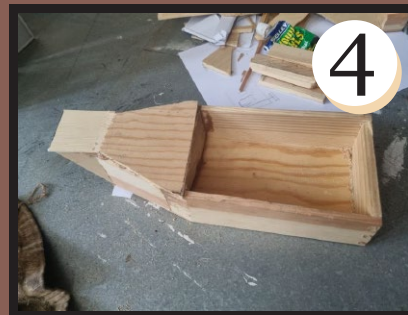
## Uncle Michael C



### Brian's Boat

Brian and I are building a boat. We started by sawing off the front of an old wooden box at an angle to form the bow. The offcuts helped shape the hull along those new lines. We completed the bow by adding a front piece, then carefully measuring the negative spaces to cut out two triangle pieces to fill the side gaps. A similar process shaped the bow cover on top. Next, we'll paint it, seal it with silicone and attach a propeller on each side of the stern so it can actually cruise over water.

Uncle Michael C



## Hospitality and Entrepreneurship

This year we are introducing the Year 7s to the subjects and taking the Year 8s and 10s further along the 'generosity' path. Both subjects interweave providing food, making fibre materials and creating enterprising solutions.

We will be including Food Safety skills, family favourite and budget meals, accessible native foods, garden restoration, Aboriginal enterprises, fibre skills with weaving and sewing, and fundraising enterprises in the local community.

The seedling plants students chose to grow at school last year are growing fast as we prepare to plant them out. It feels like this year we are part of turning over a new leaf in the future of Kaurua Plains School and I look forward all the new growth.

Uncle Ross



## Secondary Leader

Kaurna Plains School has kicked off the year with energy, pride and exciting new opportunities for students across the secondary years.

One of the most exciting announcements is that Kaurna Plains School now officially has its very own **SAASTA Academy on site**. This is a significant milestone for our school community and a fantastic opportunity for our Year 10, 11 and 12 students. Staff are currently finalising class lists, and academy uniforms will be arriving soon. We look forward to seeing our students proudly representing the SAASTA Academy at KPS.

As part of the SAASTA program, students have begun working on their **guernsey designs every Friday**. Each student will design an individual artwork on canvas, which will contribute to the overall design. The creation of these art pieces acts as a tribute to the achievements of the past, a vision for the future, and the legacy of ancestors. This powerful process allows students to connect culture, identity and creativity in a meaningful way.

Adding to the excitement, **Port Adelaide players will be visiting the school in early March**, giving students the opportunity to connect with elite athletes and role models. The much-anticipated **Power Cup Carnival** will take place from **21st to 23rd May** at Alberton Oval. We strongly encourage families and community members to come along and support our students on Day 1 and Day 2 of the carnival. Your support makes a difference and helps create an unforgettable experience for our young people.

Beyond SAASTA, 2026 has already seen many positive developments across the school. The **Tailored Learning Space** has officially opened for the year, providing students with personalised support to help them work towards their goals in a way that suits their individual learning styles. We are excited to continue working alongside students to ensure they feel confident and successful.

The **Career Hub** is also gearing up for a busy year, with a wide range of programs and opportunities planned. Kaurna Plains students will have first priority access to initiatives designed to prepare them for vocational studies and future career pathways.

Our **VET programs** are well underway, with students currently undertaking Certificate II qualifications in **Construction, Automotive and Salon Services**. These hands-on learning opportunities provide valuable industry skills and open doors to future employment pathways.

Meanwhile, the secondary team has been working tirelessly on developing strong **Ready to Learn plans**, ensuring every student has the structure and support needed to succeed. A wide range of **SACE subjects** have commenced, including EIF, AIF, Aboriginal Studies, English, Mathematics, Society and Culture, Integrated Learning, Physical Education and Kaurna Language. These courses offer students diverse pathways to achieve their SACE and prepare for life beyond school.

It is shaping up to be an exciting and successful year at Kaurna Plains School. We look forward to celebrating our students' achievements and continuing to work together as a strong and supportive community.

**Uncle Josh**



## Activating Identities and Futures (AIF)

In AIF, students are continuing to develop their individual projects by updating logs, collecting evidence of learning (photos and notes), and participating in regular check-ins. They are refining project plans, setting short-term goals, and preparing brief updates to share their progress with the class.

In Stage 1 Aboriginal Studies, students have begun their learning journey by reflecting on the concept 'The Next Generation: Strength, Vision and Legacy'. They are exploring how Aboriginal youth are stepping into leadership roles and advocating for their communities and culture. In Stage 2 Aboriginal Studies, students are reviewing a range of artworks created by Aboriginal artists and engaging with art as a form of cultural expression. They are analysing how artists communicate identity, history and connection to Country through art.

In Tailored Learning, this includes working towards personal learning plans, developing employability skills, and gathering evidence that supports their SACE requirements and future learning. A strong focus is being placed on linking learning to future pathways into employment.

**Uncle Vinny**



## EIF, HASS & Media Arts

It has been a high-energy start to the year at Kaurua Plains! Our students are diving deep into self-discovery and digital literacy through several exciting projects. Here is a snapshot of the fantastic work happening in our classrooms.

### Year 9: Exploring Identities and Futures (EIF)

Our Year 9 cohort has hit the ground running with their SACE EIF course. To help bridge the gap between their current interests and their future goals, students have been engaging in projects that blend reflection with practical digital skills:

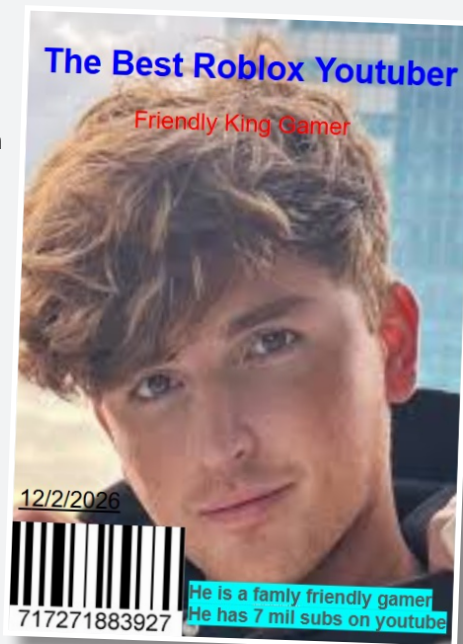
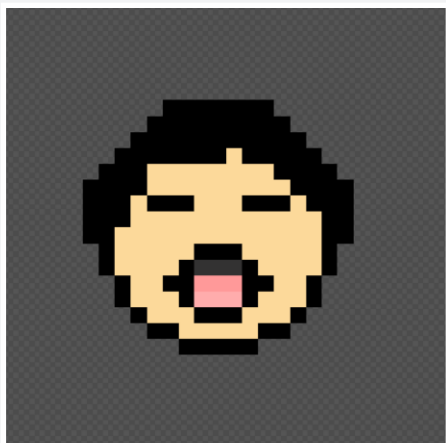
- "Admirable Icons" Magazine Covers: Students explored the qualities of leadership and resilience by designing professional-style magazine covers featuring individuals they most admire. This allowed them to identify the traits they hope to emulate in their own lives.
- Digital Organisation: Transitioning to SACE requires strong self-management. To support this, students have been using Google Sheets to build their own personalized timetables, mastering spreadsheet basics while taking ownership of their daily schedules.

### Creative & Digital Media

In our Media Arts sessions, we've been looking the technology we use every day. Students have started a fascinating journey into the history of Pixel Art, learning how early limitations in technology birthed a unique and lasting art style.

We've also tackled the technical side of digital imaging by exploring bit depth. Students are learning how the amount of data stored per pixel dictates the colours and detail we see on a screen – from the 8-bit aesthetic of retro gaming to the millions of colours available in modern high-definition media.

### Uncle Jason





## Health and PE - Secondary

At the start of our Health and PE program, students created a respect poster to help establish clear expectations and build a positive and supportive learning environment. This activity allowed students to reflect on what respect looks like, sounds like, and feels like in both classroom and practical settings. By visually representing respectful behaviours, students developed a shared understanding of expectations and took ownership of contributing to a safe, inclusive, and respectful space.



Uncle Nick

### Self respect

- Politely decline requests that compromise your well-being or values
- Make time for hobbies and activities that bring you happiness, even if you're not perfect at them
- Self-respect is built by giving it to yourself first; you teach people how to treat you through your own actions and boundaries.
- Allow yourself to feel emotions without bottling them up; they are valid signals.



### RESPECT

#### WHAT IS RESPECT

Respect is a positive feeling or action shown towards someone or something considered important or held in high esteem. It involves a profound appreciation and acknowledgment of the inherent worth and dignity of individuals or entities. Respect conveys admiration for good qualities or achievements and is fundamental in fostering positive relationships.



### Respect!

- listening
- not talking over the teacher
- aware of each others personal space
- respect yourself, eating healthy, drinking, speaking kindly to yourself
- using Aunty/Uncle
- respect each others stuff

Tremaine Bennett-Penrose



# FIRST NATIONS *Tennis Program*

The First Nations Tennis Program is designed to give primary school age students an opportunity to play tennis in a safe, fun environment.

Tennis SA will provide qualified tennis coaches that will deliver the national program – Hot Shots Tennis



**Venue** Playford Tennis Centre  
50 Spruance Rd, Elizabeth East

**Date** Wednesday 18 February

**Sessions** Delivered for 8 weeks  
4:00pm to 4:30pm (5-8 year olds)  
4:30pm to 5:15pm (9-10 year olds)  
5:15pm to 6:00pm (11-17 year olds)

**Cost** FREE



**Government of South Australia**  
Office for Recreation, Sport and Racing



**REGISTER  
TODAY!**



Contact: Luke Doughty  
Email - [ldoughty@tennis.com.au](mailto:ldoughty@tennis.com.au)  
Mobile - 0481 900 442



## 6 Helpful Tips for School Zones

As parents and caregivers, we have a great responsibility to ensure children stay safe in school zones. We also play a key role in educating children about road safety.

**Here are 6 helpful tips for safety in school zones.**

- 1** Consider alternative transport modes to reduce the number of vehicles in school zones.
- 2** Allow enough time to take your child to the school gate safely and without rushing.
- 3** Always observe parking signs and speed limits in and around school zones. They are designed to keep your child safe.
- 4** Talk about traffic safety with your child. Identify and discuss places where it is safe to get out of the car and to cross the road.
- 5** Teach your child how to cross the road using the 'stop, look, listen and think' process – stop at the kerb, look and listen for traffic and then decide whether it is safe to cross.
- 6** Park a few streets away and walk your child to school to reduce congestion and improve safety. This is also good exercise and helps teach your child road safety rules.

For further information please contact  
City of Playford

8256 0333  
playford@playford.sa.gov.au

**playford.sa.gov.au**

📍 [playford.sa.gov.au/stayconnected](https://playford.sa.gov.au/stayconnected)



## Parking safely around schools



## Parking safely around schools

We all know parking and traffic around school can be frustrating but going against the road rules places not only your child's life at risk, but those of others. Tragedies can occur if care is not taken to abide by these rules.

## Common Parking Restrictions



### No Parking Signs

You may use this area for drop off and pick up only, for a maximum of 2 minutes. You must not queue or wait here. The driver must remain with the vehicle.

### Kiss and Drop Zones

are generally near the school gates and are designated by 'No Parking' signs.

### Here are some key reminders when entering a Kiss and Drop Zone:

Follow the rules of 'No Parking' signs

Be mindful of others who are also dropping off their children

Keep an eye out for children crossing the road when exiting the Kiss and Drop Zone

Be mindful that queuing for the Kiss and Drop zone may result in other breaches to the road rules

If your child is unable to enter/exit the vehicle and enter the school independently, consider parking and walking your child in



### No Stopping Signs/ Yellow Lines

Both No Stopping Signs and Yellow Lines mean the same thing. There might be one or the other or both. Drivers must not stop on a length of road to which this restriction applies, even if you are stopping for a short period to pick up a child. Stopping here may cause a traffic hazard as well as congestion. You cannot stop near a school crossing, always follow the signs and yellow lines.



### Bus Zone Signs

You must not stop within a bus zone at any time. This zone is only available to public buses. If there are no signs, you are not allowed to stop within 20 metres of the approach to a bus stop or within 10 metres of the departure side.

### Double Parking

Drivers must not stop next to a vehicle already stopped or parked at the kerb at any time. This practice is illegal and creates dangerous situations for traffic flow and for pedestrians crossing a road.



Example of cars double parked in a school zone.