



Glenburnie Primary School – Allergies and Nut Awareness Policy

Effective Date: 9/9/2026

Review Date: 9/9/2029

Ratified by: Principal, School Staff and School Governing Council

Purpose

Glenburnie Primary School is committed to providing a safe and supportive learning environment for all students. We recognise that some students in our care have life-threatening allergies, particularly to nuts, and that minimising the risk of exposure is essential to their wellbeing.

Aims

- To raise awareness of allergies and anaphylaxis within the school community.
- To minimise the risk of exposure to known allergens, particularly nuts.
- To support students with allergies to participate fully and safely in all aspects of school life.
- To provide staff with clear procedures to follow in the event of an allergic reaction.

Nut Awareness

- Glenburnie Primary School is a **Nut Aware School**. This means:
 - We request that families **do not send food containing peanuts or tree nuts** to school.
 - Foods such as peanut butter, Nutella, muesli bars with nuts, or any snack containing nuts should not be packed in lunch boxes.
- We acknowledge we cannot guarantee a completely nut-free environment, but we will take all reasonable steps to reduce the risk of exposure.

Responsibilities

School Staff

- Know which students have allergies and ensure Individual Health Care Plans and Anaphylaxis Action Plans are up to date.
- Undertake training in recognising and responding to allergic reactions, including anaphylaxis, and administering an EpiPen.
- Supervise students during meal times and encourage safe eating practices.
- Ensure emergency medication (e.g., EpiPens) is easily accessible at all times, including on excursions.

Parents/Carers

- Provide the school with up-to-date medical information, allergy action plans, and required medication.
- Clearly label all medications and replace them before expiry dates.
- Support the school's nut awareness approach by avoiding nut-based products in lunch boxes.
- Educate their child (where possible) on self-management strategies such as not sharing food.

Students

- Do not share food, drinks, or utensils with others.
- Wash hands before and after eating.
- Follow teacher instructions to help keep classmates safe.

Risk Minimisation Strategies

- Food-based classroom activities will avoid nuts and other known allergens.
- Staff will be informed of students with allergies at the start of each year and when new students enrol.
- Parents will be notified ahead of whole-school events if food is being shared.
- Excursions, camps, and special events will include risk assessments for allergy management.

Emergency Response

- In the event of an allergic reaction, staff will follow the student's Anaphylaxis Action Plan.
- Emergency services (000) will be called if required.

- Parents/carers will be notified as soon as possible.

Communication

- This policy will be included in the Parent Handbook, published on the school website, and communicated at the start of each school year.
- Reminders about nut awareness will be shared through newsletters and other school communication channels.

Review

This policy will be reviewed every **three years**, or earlier if required due to updated medical or Department for Education advice.