



# Swallowcliffe P-6

Be Safe, Be Kind, Work Hard



## Welcome to our Newsletter

Term 4, Week 3 2025

*Pictured: Swallowcliffe P-6 Mural Project (see pages 4-5)*



## Term 4 Diary Dates

### Week 3

Friday 31/10	Children's University Graduation Preschool Bush Kindy excursion World Teachers' Day
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### Week 4

Wednesday 5/11	Governing Council Meeting 3:15pm
Thursday 6/11	B6R2 & BIR3 – Marine Discovery Excursion
Friday 7/11	Whole school Concert

### Week 5

Friday 14/11	Reception 2026 Enrolment Meeting 9:15am Preschool Enrolment Meeting 9:30am
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### Week 8

Monday 1/12 - Thursday 4/12	Transition 2026 classes 2:10- 2:55pm
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### Week 9

Monday 8/12	Award Ceremony
Wednesday 10/12	Class Party Day & Splash Party
Thursday 11/12	Year 6 Graduation
Friday 12/12	End of Term 4 – Early dismissal 2:00pm

## Principal's Message

### World Teachers' Day Friday 31st October

Congratulations to all our wonderful teachers for World Teachers' Day on Friday, 31st October. Our community would like to extend heartfelt thanks to all our teachers and leaders for their unwavering dedication and hard work. You make a lasting difference in the lives of our students and are at the heart of what makes our school such a special place.

If you see a teacher in the yard, or your child's class teacher, please take a moment to reach out and say thank you. Your words of appreciation mean a great deal.

Thank you for everything you do.

### Pupil Free Day

On our recent pupil free day, staff engaged in valuable professional learning focused on our site perspective survey. We used the survey results to reflect on our school culture and explored ways to enhance and strengthen it moving forward.

Teachers also evaluated our site learning plan, identifying next steps and setting strategic goals as we look towards 2026. Meanwhile, our SSOs participated in a session on Real Schools, focusing on the use of affective language to support positive relationships across the school.

Thank you to all staff for your ongoing commitment to improving outcomes for our students and school community.

### Class Placements 2025 and transition

We have started class placements for 2026. We are requesting parents/caregivers inform us in writing via the front office if your child will not be attending Swallowcliffe P-6 School next year. This information assists us in developing class structures to accommodate all students. Teachers work collaboratively to create class lists taking into consideration the following facts;

1. Friendship groups
2. Social and emotional development
3. Behaviour support needed
4. Special abilities and learning needs

Decisions are based on establishing balanced and equitable class groups that will potentially work well together and support the needs of ALL students.

*(continued over)*



**Swallowcliffe P-6 is committed to providing Quality Education.**

**Our Mission: To empower students to recognise and optimise their full learning potential through explicit teaching of;**

✓ High Expectations ✓ Positive & Growth Mindset ✓ Relationships with Others



Government of South Australia  
Department for Education

Principal: Penny Sweeney • Swallowcliffe Road, Davoren Park SA 5113

Ph: 8255 2908 • Fax: 8287 0559 • E: dl.1062.info@schools.sa.edu.au



[www.swallowc7.sa.edu.au](http://www.swallowc7.sa.edu.au)

## Principal's Message (continued)

All classes regardless of straight year level or composite comprise students of mixed learning abilities.

Parents/cares will be informed of class placement in their child's reports at the end of the year. Students will have transition in Week 8 where they will visit their new classroom location and teacher (where possible) during a whole school transition program. Changes after transition will only be made in exceptional circumstances where staff and/or parents provide additional written information, previously unknown during the placement exercise.

Parents/carers are invited to provide relevant information regarding their child/ren by Friday 31st October at the latest. Please address your concerns in a written letter addressed to the 'Principal' and handed in to the front office.

Please note the following:

- A separate letter is to be written for each child.
- We are unable to consider requests for particular teachers.
- Your child will be placed in either a straight year level or composite class dependent upon class structures.
- Changes will only be made in exceptional circumstances.
- We may be unable to meet requests but they will be considered in the final make up of class lists.


**Penny Sweeney, Principal**

## Proposed 2026 Materials & Services Charge

The proposed 2026 Materials and Services charge will be discussed prior to approval being sought at the Governing Council meeting to be held on **Wednesday 5th November 2025 at 3:15pm.**

The watermarked notice detailing the composition of the charge totalling **\$281.00** is below. The 2026 School Card plus Social Inclusion Supplement amount will be **\$306.00**.

If you have any enquiries about the charge, parents/caregivers are welcome to attend the Governing Council meeting or can express their views in writing to the Chairperson of the Governing Council prior to **12 noon Wednesday 5th November 2025.**

 <b>Government of South Australia</b> Department for Education		
<b>Swallowcliffe School P-6 - 1062</b>		
<b>Notice of Materials and Services Charges for 2026</b>		
<b>Notice of Charges for Reception - Year 6</b>		
HEADING	ITEMS AND SERVICES	COST (\$)
Printed and electronic materials related to the educational program and which are provided for the student	Workbooks	\$6.00
	Text Book Hire / E-Book Access	\$0.00
	Photocopied Material	\$30.00
	<b>SUBTOTAL (ZPREM)</b>	<b>\$36.00</b>
Stationery items that are provided for the student	Stationery Items	\$92.00
	Other [please Specify]	\$0.00
	Other [please Specify]	\$0.00
	<b>SUBTOTAL (ZSTAT)</b>	<b>\$92.00</b>
Materials and Services that are provided by the school for the student to consume or use the materials or take ownership of a finished article produced by the student with the materials	Access to Student Information Technology	\$71.00
	Access to Machinery	\$0.00
	Access to Equipment	\$51.00
	Curriculum/Subject Supplies and Services	\$0.00
	Other [please Specify]	\$0.00
	Other [please Specify]	\$0.00
	<b>SUBTOTAL (ZACMS)</b>	<b>\$122.00</b>
Materials for inclusion in the school library and to enable use by the student	Library resources including access to borrowing library resources	\$31.00
	<b>SUBTOTAL (ZACLI)</b>	<b>\$31.00</b>
<b>Total Materials and Services Charge (excluding Subject Charges)</b>		<b>\$281.00</b>

These subject charges are in addition to the Materials and Services Charge above for those students undertaking the following subjects.

Subject Description	Cost (\$)
	\$0.00
	\$0.00
	\$0.00
	\$0.00
	\$0.00

## Dogs Connect Program

We are excited to announce that we are about to launch the Dogs Connect program in our school. This is a whole school wellbeing program which will see the introduction of a wellbeing dog in our community. Our school wellbeing dog will become a much loved and important member of our community.

The Dogs Connect program will support us in implementing this very gradually, thoroughly, and considerately. At this stage we encourage anyone who would like to know more about this program to look through the website link below:

<https://dogsconnect.net.au>

We are very excited to be introducing our wellbeing dog **Duke**, in the near future. We have a team of staff who will lead this program. Duke lives with Mrs D and her family, including her to young children. We look forward to sending more information in the coming weeks.

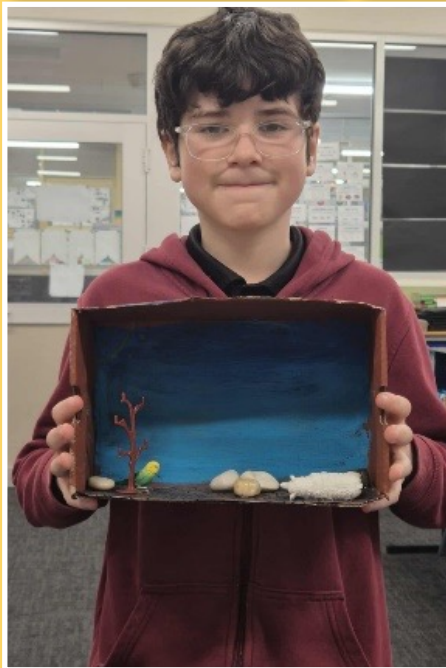
We would also like to assure the community that this program will not involve anyone who does not wish to be involved. We know that this work will have a really positive impact on many people in our community, and we acknowledge and respect that connection with our wellbeing dog will be offered on a great variety of levels.

Please see Seesaw, for a short video outlining what a wellbeing dog looks like in a school.





## B1R7 – Dioramas



## Swallowcliffe Primary Mural Project

This year, we invited local artist **Abbey Murdoch** to work with our students in developing a mural for Swallowcliffe P-6 School. Abbey's practice often explores themes of community, resilience, and place, and she has extensive experience working with young people through creative workshops and community projects. We were delighted to welcome her to our school to create an artwork that not only brightens our space but also reflects the diverse identities and voices of our students.

### Workshops and Student Participation

Abbey began the project by facilitating collaging workshops with every class from Reception through to Year 6. Students were given access to a wide range of coloured papers and encouraged to create collages that expressed who they are as individuals. They explored personal symbols, cultural imagery such as flags, and used shapes, patterns, and colours to represent their personalities and life experiences.



### Community Reflection

Once completed, the collages were shared within each classroom to highlight how individual artworks combine to create a collective expression. Students were then encouraged to imagine how these classroom collections could merge into a whole-school mural, representing their community as a vibrant, multicultural collective. This stage of reflection encouraged students to see both their individuality and their shared sense of belonging.

### Design Development and Painting

Abbey then took the collages back to her studio and carefully studied the shapes, colours, patterns, and symbols the children had created. These elements became the foundation for the mural design. By weaving the students' creative choices together, Abbey developed a composition that honoured their contributions while transforming them into a cohesive, large-scale artwork.

When it came time to paint the mural, students also had the opportunity to be hands-on in the process. Under Abbey's guidance, they helped paint sections of the mural using brushes, rollers, and other tools, giving them a direct experience of large-scale painting. During this time, many students asked questions about how Abbey became an artist, how to paint murals, and what it means to work in the arts. Abbey shared her personal story — including the fact that she grew up in the same community as they did — and encouraged the students by reminding them that they too can achieve their goals and pursue their dreams, whatever they may be.

### The Mural's Visual Story

The completed mural is filled with imagery drawn directly from the students' collages and the meanings they shared. **The Earth**, which appeared in many artworks, represents the multicultural nature of the school and the fact that students come from all over the world.

**Orange and yellow tones** symbolise the warmth of the sun and the kindness present in the school community. A **butterfly** reflects the beauty of the students, while a **swirl** captures their energy and ever-moving spirit. A **flower** represents growth and learning, and **stairs** symbolise the pathways leading to each child's future. Flowing, **curling blue lines** around the Earth illustrate the interconnectedness of friendships and teamwork, while **hands** celebrate helpfulness, kindness, and the joy of hands-on learning. **Skin tones** come together to show inclusivity and unity among all students, and the **geometric squares and shapes** draw from elements of multicultural flags. Finally, a **house** symbolises family, home, and the people students love. Each of these symbols emerged from the children's own ideas, collages, and explanations — creating a mural that is truly a reflection of who they are and what matters most to them.

### Outcome and Significance

The mural now stands as a colourful and layered reflection of our school community. It represents the creativity, effort, and imagination of each student while also standing as a unified artwork that celebrates Swallowcliffe P-6 School's diversity and collective identity. The project has given our students a sense of pride and ownership, knowing that their ideas, voices, and even their hands-on work are now permanently represented within the school environment.

*(see more photos on the next page)*





## Swallowcliffe Primary Mural Project





## Community Notices



## ACCEPTING REFERRALS 2025

### OUR SERVICES

Allied To You provides personalised therapy and support for all ages, delivered at home, school or preferred locations, using evidence-based practices and a holistic approach to help individuals thrive, and live their best life.

#### Occupational Therapy

#### Accredited Mental Health Social Work

#### Psychosocial Recovery

#### Positive Behavioural Support

#### Support Workers & Therapy Assistants

#### Nursing

#### Support Coordination

#### Music & Art Therapy

#### Cleaners & Gardeners

#### Trauma Therapy



Start your journey  
Enquire today!  
alliedtoyou.com.au

Care based on  
your needs

0467 612 602 or 0477 565 236

### About Us

Allied To You provides personalised, compassionate therapy and supports for individuals of all ages, from children to the elderly, in the comfort of their own homes or preferred locations.

Since 2017, our dedicated team has offered a wide range of services using evidence-based practices and a holistic approach. We believe in the power of collaboration, working alongside families, communities, and other health providers to ensure each client receives the support they need to thrive, and live their best life.

"We provide care based on your needs"



### More Information

0467 612 602 or 0477 565 236

enquiries@alliedtoyou.com.au

84 Goddard Drive, Salisbury Park 5109

www.alliedtoyou.com.au



Start your journey  
Enquire today!  
alliedtoyou.com.au

Care based on  
your needs

### Our Services

Allied To You has a range of supports:

- Occupational Therapy
- Mental Health Social Workers
- Wellbeing and Engagement Practitioners
- Positive Behavioural Support
- Psychosocial Recovery
- Support Coordination
- Art/Music Therapy
- Trauma Therapy
- Nurses
- Mentors and Therapy Assistants
- Cleaners/Gardeners

### Advantages of school or home support

- Shorter wait times.
- Session within school hours.
- Collaborative and flexible approach.
- Parent and family access to help via Mental Health Care Plan to support families as a whole.
- Medicare Bulk Billed.
- Professional approach with all staff, integrated into the client's care planning.

### CARE YOUR WAY

1. Enquire online, in person, or with the school
2. Speak with a staff member
3. Forward your NDIS inquiry or support request
4. Receive support and information
5. Book an appointment with a member of staff



### NDIS Support

WHAT DOES THIS LOOK LIKE?

- Understanding your NDIS plan
- Connecting new supports and working with current NDIS supports to get the best outcomes
- Support Co-ordination
- Assessment/Intervention
- Therapy/Mentoring and more
- Support if NDIS needs changing or is due for a review

### Medicare - MHCP

Mental Health Care Plan (MHCP) eligible? In school services are majority bulk billed.

How to Get a Mental Health Care Plan (MHCP)

1. Request a double appointment with your GP, mentioning it's for a Mental Health Care Plan.
2. Bring the signed referral to Allied To You and request in-school appointments. We offer online and hard copy forms.
3. Ask for a hard copy of the MHCP or have it sent to you or to alliedtoyou.com.au.
4. Bring the plan and signed referral to your appointment with us.

## PRECINCT COMMUNITY GARDEN

Come join us in the garden!



Weekly catch ups Monday's 9:30am - 11:30am

THE PRECINCT

Do you like working with your hands & don't mind getting dirty?

The garden is open for everyone to learn about growing, gardening & sustainability. Come help maintain the garden, pick produce to take home, share your skills & knowledge, socialise & be active.

For more information: contact Nat on 8480 0181 or email: theprecinct@playford.sa.gov.au

The Precinct, 112 Coventry Road, Smithfield Plains



National Pharmacies

## Christmas Pageant

Celebrate Love

Saturday 8<sup>th</sup> Nov





## Community Notices

### Snack Packs

school & kindy  
approved snacks



From \$2 - Contents may vary  
Full selection in store  
\*pictured with water for \$2.50

### About Healthy Food Co & our Easy Meals

Proudly operated by  
the City of Playford



Supporting our  
community  
since 1996



volunteer run  
service



30 + choices  
of Easy Meals



Using high-  
quality, fresh  
ingredients



Everybody  
welcome



Optional  
member  
program

### Smithfield Plains



112 Coventry Rd  
Smithfield Plains  
8254 3641

Monday: 9am - 3pm  
Tuesday - Friday: 9am - 4:30pm

### Elizabeth Downs

Elizabeth Rise Shopping Centre  
Shop 5, 26 Hamblynn Rd  
Elizabeth Downs  
8287 4299

Monday: 9:30am - 3pm  
Tuesday - Friday: 9:30am - 3:30pm

### John McVeity Centre

\*After hours Easy Meal  
collection point\*  
182 Peachey Rd  
Smithfield Plains

[playford.sa.gov.au/healthyfoodco](http://playford.sa.gov.au/healthyfoodco)



Find us on  
Facebook



[facebook.com/PlayfordFoodCoop](https://facebook.com/PlayfordFoodCoop)

# Easy Meals



# HEALTHY FOOD

Prices as of April 2025

### Vegetarian

Scones	\$2.50
Pancakes	\$2.90
Pumpkin Soup	\$4.50
Vegetable Curry	\$5.50
Minestrone Soup	\$6.00
Fried Rice	\$6.50
Quiche	\$8.90

**Each Easy Meal kit  
serves 4 people**

from this...



...to this



**NEW  
Vegetarian  
Enchiladas**  
\$10.50  
= \$2.63  
per serve

All ingredients  
included

### Chicken

Chicken Noodle Soup	\$7.00
Creamy Chicken Pasta	\$11.50
Chicken Curry	\$11.50
Mexican Chicken	\$13.50
Apricot Chicken	\$13.25
Chicken Stir Fry	\$14.00
Moroccan Chicken	\$14.50
Sweet & Sour Chicken	\$14.90
African Chicken	\$16.90
Okonomiyaki	\$17.00

### Pork & Bacon

Cauliflower & Bacon Soup	\$6.25
Tomato macaroni	\$7.50
Sweet & Sour Pork	\$15.90

### Tuna

Tuna Bake	\$10.50
Tuna Mornay	\$10.50

Scan here for  
more information on  
memberships, our stores,  
Out of Hours pick ups and  
online ordering



### Beef & Lamb

Curried Sausages	\$9.90
Beef Casserole	\$12.50
Beef Curry	\$12.50
Chilli Con Carne	\$12.90
Chow Mein	\$13.00
Cottage Pie	\$13.90
Mexican Beef	\$14.25
Meatloaf	\$14.50
Pasta Bolognese	\$14.50
Beef Stir Fry	\$15.00

### NEW Seasonal

Butter Chicken (serves 6)	\$24.00
Greek Lemon Chicken	\$16.00
Vegetarian Enchiladas	\$10.50



**NEW  
Butter Chicken  
Serves 6**  
\$24.00  
= \$4.00  
per serve

**NEW  
Greek Lemon  
Chicken**  
\$16.00  
= \$4.00  
per serve



Prices as of April 2025



# Christmas Club

Starting your Christmas club account is as easy as paying a \$20 deposit. You can deposit up to \$250 which will be available for you to spend in store, in December.

Ask our volunteers for more details.



Find us on:  
**facebook**

[www.playford.sa.gov.au/healthyfoodco](http://www.playford.sa.gov.au/healthyfoodco)

## CONTACT US

THE PRECINCT  
112 Coventry Rd  
Smithfield Plains  
Mon 9:00am - 3:00pm  
Tue-Fri 9:00am-4:30pm  
8254 3641

## ELIZABETH RISE SHOPPING CENTRE

Shop 5, 26 Hamblynn Rd  
Elizabeth Downs  
Mon 9:30am - 3:00pm  
Tue-Fri 9:30am-3:30pm  
8287 4299

# HEALTHY FOOD CO.

## Christmas Hampers 2025



### Choose the hamper that suits your needs

#### \$50 Pantry Basics

- Cereal
- jam
- long life milk 1L
- tea bags 50pk
- sugar 1kg
- crackers
- biscuits
- chips
- coffee 150g
- juice 2L
- pasta sauce
- pasta 500g
- baked beans
- spaghetti
- + more\*

\*We'll make sure your hamper is packed to the fullest and will include additional items where possible to maximise its value.



#### \$100 Christmas Menu Hamper

Menu for 4-6 people

##### **Breakfast**

bacon 500g  
1 dozen eggs

##### **Snacks**

lollies  
crackers & dip  
chips

##### **Main Meal**

whole chicken x2  
gravy  
potatoes 2kg  
carrots 1kg  
frozen mixed veg 1kg  
frozen peas 500g

##### **Dessert**

custard 1L  
fruit cake  
ice cream 2L  
apple pie

**PLUS** our Christmas Biscuit baking kit is included

### Christmas is sorted with our hamper options

Head to your local Healthy food co and speak to one of our friendly volunteers for more information.

Just pay a \$20 deposit to secure your hamper/s. Choose one or multiple hampers to purchase

- Members earn points on purchase
- Pay at your own pace
- No minimum repayment amounts after the initial deposit
- Save & use your member points for payment
- \$20 deposit is non refundable

Order by November 1  
Pay in full by November 30  
Collect from December 1