



Swallowcliffe P-6

Be Safe, Be Kind, Work Hard



Welcome to our Newsletter

Term 3, Week 1 2026

Welcome to Term 3!

Diary Dates

TERM 3

Week 5

Monday 17/8/26 – Friday 21/8/26

SSO Week

National Science Week

Dentist Visit

Week 6

Monday 24/8/26 – Friday 28/8/26

Book Week

Monday 24/8/26

Photo Day

Wednesday 26/8/26

Photo Mop Up Day

Week 7

Friday 4/9/26

Primary PE Fun Day

Week 8

Friday 11/9/26

School Closure Day

(Adelaide Show Day)

Week 10

Friday 25/9/26

Dress Up as a Super Hero Day

Last Day of Term 3

(Early Dismissal 2:00pm)

Principal's Message

Welcome back to Term 3. We hope you enjoyed your school holidays.

Welcome to our new Reception student students and families starting school this term. We look forward to engaging with you in your child's learning journey.

- | | |
|------------------------|-------------------------------|
| • Zeenat Khan | • Luca Parry |
| • Aaron Bo-S Naw | • Cooper Swift-Weber |
| • Isaiah Peel | • Annabella Gideon |
| • Raydan Pribadi | • Adam Haddad |
| • Amaree Sawyer | • Luca Hancock |
| • Aniyah Bark-Tilbrook | • Michael Ilembo |
| • Liara Kerr | • Everleigh Machin |
| • Ryder Rathjen | • Gabriel Richards |
| • Ivy Riley | • Heather Rivett-Groce |
| • Danish Vahora | • Edwin Lawrie |
| • Benjamin Croft | • Octavia-Grace Hensel-Wilson |



Please read the Term 3 diary dates. Staff are looking forward to a busy week in Week 5 with Science Week and SSO Week celebrations. Keep in mind Book Week in Week 6. This year's theme is "Symphony of Stories".



Another key date is photo day on **Monday 24th August**. Please make sure your child/ren attends on the day!

Penny Sweeney, Principal

Swallowcliffe P-6 is committed to providing Quality Education.

Our Mission: To empower students to recognise and optimise their full learning potential through explicit teaching of;

✓ High Expectations ✓ Positive & Growth Mindset ✓ Relationships with Others

Principal: Penny Sweeney • Swallowcliffe Road, Davoren Park SA 5113

Ph: 8255 2908 • Fax: 8287 0559 • E: dl.1062.info@schools.sa.edu.au



Government of South Australia
Department for Education



www.swallowc7.sa.edu.au

Real Schools

Article 3: Positive Priming – Focusing on What We Want to See

At Swallowcliffe Primary, we believe in “positive priming.” This means we talk more about the behaviours we want to see, instead of the ones we don’t. For example, before going outside, a teacher might say, “I’m looking forward to seeing everyone playing safely,” instead of “Don’t run on the concrete.” This helps children picture the right behaviour in their minds.

Why does this work? When children hear what we want them to do, they are more likely to do it. It’s like giving them a little reminder of what success looks like. We’ve found that when we use positive priming, students are quicker to follow instructions and make good choices.

You can use this at home, too. Before a family meal, you might say, “I can’t wait to see everyone using their manners,” instead of “Don’t talk with your mouth full.” Before a car trip, try, “Let’s all use our quiet voices while we drive.” These simple changes help your child know exactly what you’re hoping for.

Let’s encourage our children together by focusing on the positive – at school and at home.



Nunga Room News

Have a look at our Nunga Room notice board situated next to the Nunga Room, updated regularly with all the latest information.

Ms Belinda/Ms Pam & Ms Quinn



Preschool News

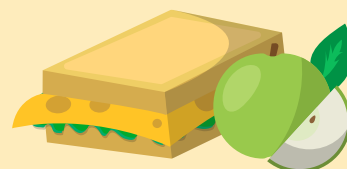
Preschool would like to extend a warm welcome to all our new and returning families. We are looking forward to an exciting term filled with many engaging events. Please refer to the Preschool calendar for details, including pupil free days and any additional scheduled Fridays. Thank you to our families who have embraced our new relational pedagogy and supported negotiated goodbyes in the mornings. If you would like further information about this approach, please speak with an educator. Each morning, your child's name will be displayed under their educator's photo as you enter the preschool.

Friendly Reminders:

- Please ensure that grapes and cherries are cut in halves to support safe eating practices.
- Remember to bring a hat, as sun safety remains important during the cooler months.
- If your child uses a specific sunscreen, please let us know and supply it so we can use it at Preschool.
- Spare clothing and underwear are essential each day – please pack some in your child's bag.
- Healthy eating is a high priority at our site; please pack nutritious options.
- Ensure you sign your child in and out every day.
- We will continue to not use the yellow gate for entry/exit. This is for the safety of our children.

We look forward to a wonderful Term 3 together!

Swallowcliffe Preschool Team



Community Notices

Free Parenting Workshops Circle of Security Parenting

Growing Strong Kids Through Connection

What do our kids really need? Children grow through connection, culture, and the strength of their mob. All behaviour is communication and it is their attempt to show us their need to feel safe, loved, and understood.

Circle of Security helps families build strong, steady relationships with their little ones. It draws on the knowledge you already carry and strengthens the bonds that help kids thrive.

In This Program You'll Learn about:

- **Understanding Your Child's Signals** - Recognise what your child is asking for through their emotions and behaviour.
- **Guide Them Through Big Feelings** - Support your child to calm, cope, and feel grounded when emotions run high.
- **Grow Their Confidence & Identity** - Help your child feel strong in themselves, proud of who they are, and safe in family and culture.

Circle of Security fits naturally with Aboriginal ways of raising children – with warmth, patience, community, and belonging at the centre.

Dates: 8 Thursdays starting
30 July 2026

Time: 12:30 - 2:30pm

Place: Kurna Plains Family Centre
69 Ridley Road, Elizabeth South.

Bookings essential for course and
creche **RSVP - 23 July 2026**

Learning Together
Communities



CONTACT US

For bookings or more information
contact:

Tessa Lennon - 0439 193 224

Email: tessa.lennon@sa.gov.au

Sarah Whiteside - 0439 104 355

Email: sarah.whiteside@sa.gov.au

kudos

Do you have questions about your child? kudos is here to help

 Every Wednesday and Thursday at NACYS, Davoren Park

You do not need to book. Just come in and say hello! Want a different time? Talk to the team. They can find a time that works for you

You can talk to us about:

- How your child is growing
- How your child is learning
- Things you have noticed about your child
- Ways we can support your child
- Ways we can support your family
- The Early Supports program
- The NDIS
- What happens next for your child



Melanie –
Early Childhood
Teacher



Nica –
Early Development
Practitioner



Free Parenting Workshops Circle of Security Parenting

What do my kids actually want from me?

Every parent encounters that moment of uncertainty, wondering what their little ones truly need. Imagine if you could understand their signals with ease.

Enter the Circle of Security parenting program, your reliable companion, backed by years of research, to strengthen those vital parent-child bonds.

Learning Objectives of the Program:

- Decode your child's emotional world and understand their needs
- Empower your child to effectively manage their emotions
- Enhance your child's self-esteem with confidence

Workshop Information and Contact Details

Dates: Thursdays from 30 Jul to 17 Sep 2026 (8 weeks)

Time: 9.30 - 11.30 am

Place: NACYS Oldford Road Davoren Park 5113

Free Program Bookings Essential

Please RSVP before 23 July 2026

For bookings, creche information or other questions

Please contact Sarah Whiteside

Mobile: 0439 104 355

Email: sarah.whiteside@sa.gov.au



Little Steps



KWY's Little Steps program works alongside Aboriginal and Torres Strait Islander women seeking information on strengthening family relationships and looking after your wellbeing

Little Steps runs over each school term with groups running throughout 2026

8 week program

Wednesdays | 29th July - 16th September, 2026

Time: 10.30 - 12:30 pm

Location: Davoren Park (North group)

A light lunch is provided

Little ones, preschool age or under are welcome!

To refer: Call 08 8377 7822 or go to kwy.org.au for the referral form



ANGLICARE SA

playford
communities for
children

Funded by the Australian Government Department of Social Services.
Visit www.dss.gov.au for more information.



Government of South Australia
Department for Education

Learning Together
Communities

Community Notices

FINANCIAL COUNSELLING

NOW AT NACYS – EVERY TUESDAY

A qualified Financial Counsellor from Lutheran Care sets up right here at NACYS – no cost, no judgement, just good, practical help to get your finances back on track.

WHAT WE CAN HELP WITH:

- Your financial rights & responsibilities
- Budgeting & money management
- Negotiating with creditors & others
- Debts & the debt recovery process
- Hardship applications
- Insolvency & bankruptcy options



MEET MELISSA!

Melissa is a Financial Counsellor from Lutheran Care.

She's easy to talk to, keeps everything confidential, and is always happy to answer your questions – big or small.



TO MAKE AN APPOINTMENT OR REFERRAL

✉ financialcounsellors@lutherancare.org.au
or drop in for a chat to find out more
📍 NACYS, Oldford St, Davoren Park

NACYS KIDS CLUB



TERM 3 PROGRAM!

Kids Club is back in Term 3 with all new activities for kids to enjoy, with something different happening each day.

Spots are limited, so parents and carers will need to register their interest. You can put your child down for more than one activity, and we'll be in touch to confirm which day they can attend.

Some activities need a parent or carer to come along too.

To keep things fair, expressions of interest will be looked at by a small panel before places are confirmed.

To register your interest, contact Sally using the details below.

Text/call: 0422 640 022 or 8252 2474 Email: sfuller@nacys.asn.au

MONDAY 3.00 - 4.30PM

One Culture Soccer Clinic
Swallowcliffe School Oval, parents must attend.



TUESDAY 3.00 - 4.30PM

Learn together, Basic Cooking Skills for Kids
Parents to attend with children, limited places.
Held at NACYS T2 building.



WEDNESDAY 3.00 - 4.30PM

Arts, Crafts and Creative activities
Children only session, held at NACYS T2 building.



THURSDAY 3.00 - 4.30PM

OG Kids Club (Classic Kids Club Session)
Children only session, a mix of games and activities.
Held at NACYS T2 building.



Bringing Up Great Kids

Wednesday afternoons

12:30 - 2:30pm

6 weeks starting 5 August 2026
Northern Adelaide Senior College
2 Woodford Rd Elizabeth
Car Park off Wishford Road
Boardroom in Hub Building

Do you want to build positive relationships with your children?
Reduce stress?
Increase your confidence as a parent?

Bringing Up Great Kids is a parenting program built upon the principles of attachment, reflection, and mindfulness. We will discuss how respectful interactions can reduce conflict, so families enjoy richer relationships. We will consider a range of scenarios that parents may face with children and participate in activities that support better communication and increased empathy. We will offer you tools to put learning into practice at home.

BOOK NOW

📞 Joss - 0400 222 577



PLEASE RSVP BY 27/07/2026
FREE CRECHE PROVIDED

Learning Together
Communities



Peaceful Parents Four week workshop

This workshop aims to strengthen family life and equip parents with peaceful parenting strategies

Participants will learn the following to help themselves as a parent:

- mindfulness strategies
- slowing life down and being more in flow
- enjoying parenting more and reducing stress
- resilience-building exercises and strategies
- mindful parenting strategies
- self care and wellbeing boosters
- positive psychology strategies to boost wellbeing

They will also learn how to better support their children, including:

- mindful listening and responding
- effective coping strategies
- managing children's feelings and worries
- problem-solving strategies



When

Thursday 12pm - 2pm
20 August - 10 September 2026 (4 weeks)

Where

NACYS
Oldford Road, Davoren Park

Registration

Call 1800 569 094 or
email.familyservices@anglicaresa.com.au
to register your interest and
explore a referral

Together we change lives.

Community Notices

THE PRECINCT

A vibrant community hub where the Child & Family Wellbeing team delivers a range of inclusive programs for people of all ages. With a thriving community garden, meeting spaces for hire & home to the Healthy Food Co, Men's Shed, African Women's Federation of SA, Burundian Women's Association, Precinct Café & the Lutheran Care Op Shop. The Precinct brings people together to connect, learn & belong.

TERM 3 2026

MONDAY

Community Garden Catch Ups

9:30am - 11:30am

Do you like working with your hands & don't mind getting dirty? Join us. All community welcome.



Contact: 0406 688 243

TUESDAY

SA Rock Painting Group

10:00am - 11:30am

Do you love to paint & spread joy? Our group is all about creativity, connection, and spreading smiles one rock at a time!



Fees apply. Contact: Annalee 0406 688 243

THURSDAY

Tree Tots Story Time in the Garden

10:30am - 11:30am

Storytime in the garden. Reading & nature based play & crafts. For AGENTS - Sept.



Bookings via Playford Library Eventbrite

Toasties & Table Talk

8th, 13th, 20th & 27th August

Drop in every Thursday in August for a free toastie, board games and a good company! Drop in - No bookings required. \$2 Toastie and Cripps Combo

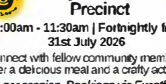


FRIDAY

Creative Community Connections Brunch

10:00am - 11:30am | Fortnightly from 24th July 2026

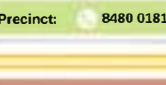
Connect with fellow community members over a delicious meal and a crafty activity. \$2 per session. Bookings via Eventbrite



Chatty Cafe @ The Precinct

10:00am - 11:30am | Fortnightly from 31st July 2026

Connect with fellow community members over a delicious meal and a crafty activity. \$2 per session. Bookings via Eventbrite



ONE OFF SESSIONS

Cake Decorating with Kathy

Wednesday 22nd July, 10:30am

Join Kathy for a hands-on beginners cake decorating workshop where you'll learn fondant techniques to create a stunning, bakery-worthy cake to take home.

Cost \$20, Bookings via Eventbrite



World Friendship Day - Blooms in a Bag with Eternal Blooms

Thursday 30th July, 6pm - 8pm

Join us for a relaxing, creative workshop where you'll craft a stunning bouquet of paper flowers arranged in a beautiful paper handbag.

Cost \$10, Bookings via Eventbrite



Adelaide Climate Action Week - Wildlife Friendly Gardens

Friday 31st July, 10:30am - 12noon

Green Adelaide will help you discover how to create a thriving habitat for Adelaide's native wildlife right in your own backyard!

FREE - Bookings via Humantix



Basket Weaving Workshop from Recycled Materials

Monday 3rd August, 2pm - 5pm

Discover the art of basket weaving as you transform everyday recycled materials into beautiful, practical baskets in the fun and creative hands-on workshop.

Cost \$2, Bookings via Eventbrite

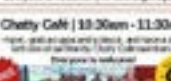


Mosaics & Mocktails at the Virginia Institute

Friday 4th Sept, 6pm - 8pm

Unwind with an evening of creativity at Mosaics & Mocktails, where you'll enjoy delicious mocktails and nibbles while creating your own beautiful mosaic lamp to take home.

Cost \$35, Bookings via Eventbrite



CHILD & FAMILY WELLBEING COMMUNITY PROGRAMS



TERM 3 2026

20th July - 25th September

JOHN McVEITY CENTRE
PRECINCT THE PRECINCT

182 Peachey Road, Smithfield Plains

112 Cherry Road, Smithfield Plains

TERM 3 2026

The John McVeity Centre is a welcoming community space where people of all ages can learn, play, stay active and connect. From children's programs and family activities to fitness classes, social sports, workshops, facility hire and an on-site café, there's something for everyone.

For more information contact the John McVeity Centre
8480 0100
jmc@playford.sa.gov.au

John McVeity Centre
Opening Hours
Monday - Friday | 8am - 9pm
Saturday | 8am - 4pm
Sunday | 8am - 4pm



MONDAY

Munro Para Seniors Club

9:00am - 1:00pm

Social club for retirement citizens aged 55+ yrs. Fees apply. Contact: 0404 504 032



Ready Steady Go Kids

9:00am - 12:00pm

Half term holiday program for children aged 4-10 years. Fees apply. Contact: 0406 688 243



TUESDAY

Smithfield Seniors Club

9:00am - 1:00pm

Social club for retirement citizens aged 55+ yrs. Fees apply. Contact: 0406 688 243



SA Church Junior Basketball

4:00pm - 6:00pm

Junior basketball for children aged 10-14 years. Fees apply. Contact: 0406 688 243

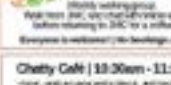


WEDNESDAY

Lil' Movers Play Gym

9:00am - 10:30am

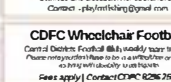
For children aged 0-5 years. Fees apply. Contact: 0406 688 243



Chatty Cafe @ The Precinct

10:00am - 11:30am

Connect with fellow community members over a delicious meal and a crafty activity. \$2 per session. Bookings via Eventbrite



Playford Fishing & Outdoor Club

Monthly Meeting 1st Wednesday of the month, 7:00pm - 8:30pm

Guests, fish & outdoor fishing activities and discussion for all levels. Contact: 0406 688 243



CDRC Wheelchair Football

Central Districts Football Club wheelchair football. Contact: 0406 688 243



THURSDAY

Immunisation Clinic

3:00pm - 7:00pm

Bookings via Vadoo. Contact: 0256 0333



Sensory Magic

9:30am - 10:15am

Children aged 3-5 years. Fees apply. Contact: 0406 688 243



Special Olympics Basketball

5:30pm - 6:30pm

For children with intellectual disabilities. Fees apply. Contact: 0406 688 243



Mini Social Football

6:30pm - 8:00pm



FRIDAY

Play Gym

9:00am - 10:30am

For children aged 0-5 years. Fees apply. Contact: 0406 688 243



Mini Football

4:00pm - 5:30pm

For children aged 6-10 years. Fees apply. Contact: 0406 688 243



Sound Bath Meditation

7:00pm - 8:00pm

For all ages. Fees apply. Contact: 0406 688 243



ONE OFF SESSIONS

Science Week Family Adventure at Park Vista



SATURDAY

Acrobatics & Dance

10:00am - 11:30am

For children aged 6-10 years. Fees apply. Contact: 0406 688 243



AA Davoren Park Meetings

12pm - 1:30pm

Contact: 0406 688 243



JMC August Family Fun Edition

10:00am - 1:00pm

15th August



SUNDAY

Georgian Faith Mission



Badminton



BOOK VIA eventbrite

For all programs requiring bookings head to our Eventbrite page to register.
playfordwellbeinghub.eventbrite.com.au

Follow us on Facebook to keep up to date with the most recent information! John McVeity Centre