



School Newsletter

Thursday 4th June 2026



Principal's Message

Dear Families,

Growth Mindset & Hope

The concept of a Growth Mindset was developed by Psychologist Carol Dweck in her book *Mindset: The New Psychology of Success*.

A Growth Mindset (as opposed to a 'Fixed Mindset') is one where people believe that their abilities can be developed through dedication and hard work. Students who embrace growth mindsets believe they can become 'smarter' if they work hard and persevere. They may learn more, learn it more quickly and view challenges and failures as opportunities to improve their learning.

What does thriving look like for you?

Take a moment to think about your mindset. In simple terms, you have just three possibilities regardless of where you find yourself in life:

- A future where you're worse off
- A future where you minimise the impact
- A future where you're better off

So in all these difficult times successful people are seeing this as an opportunity to challenge themselves and learn new skills and capabilities. They are choosing to THRIVE.

Which possibility are you choosing?

The research consistently states that students with higher levels of HOPE experience improved mental and physical health as well as academic outcomes.

Important Dates

Pupil Free Day
Friday 5th June

Kings Birthday
Monday 8th June

Swimming
Monday 15th June -
Friday 19th June

School Photos
Friday 31st July

National Reconciliation Week - 27 May to 3 June

Last week we recognised and acknowledged National Reconciliation Week. The dates commemorate two significant milestones in the reconciliation journey - the successful 1967 referendum and the High Court Mabo decision respectively

27 May 1967 On this day, Australia's most successful referendum saw more than 90 per cent of Australians vote to give the Australian Government power to make laws for Aboriginal and Torres Strait Islander people and recognise them in the Census.

3 June 1992 On this day, the Australian High Court delivered the Mabo decision, the culmination of Eddi Koiki Mabo's challenge to the legal fiction of 'terra nullius' (land belonging to no one) and leading to the legal recognition of Aboriginal and Torres Strait Islander peoples as the Traditional Owners and Custodians of lands. This decision paved the way for Native Title.

The theme for National Reconciliation Week 2026 is All In, a call for all Australians to commit wholeheartedly to reconciliation every single day.

All In makes clear that reconciliation is not a spectator sport and that all of us must step away from the sidelines and take action to make change.

The theme also reminds us that reconciliation and advancing Aboriginal and Torres Strait Islander peoples' rights isn't a passive activity, and it is not solely the responsibility of First Nations people, who have carried the weight of championing, explaining and acting for far too long.

Wellbeing and Engagement Collection: WEC: Week 2- 5 for students in Year 4 - 6

The WEC asks students' about their views on wellbeing and engagement with school. The WEC provides the school with information to support improving and maintaining students' health, happiness, wellbeing and relationships. It gives us and our community an insight into what needs to happen to make sure students experience success and are provided with resources and opportunities to reach their full potential.

Governing Council update

At our Governing Council meeting 20th May an updated Term 2 budget was presented and approved. This updated budget reflects additional student funding money the school has received. An OSHC Term 2 report was also presented.

Safe Driving

Unfortunately, we have recently had several reports of cars speeding along Fradd Road, especially during the busy drop-off and pick-up times. These incidents have created some very close calls as our students try to cross the road safely.

We are calling on all parents and community members to help us keep our children safe. Please make sure you observe the school zone speed limits, which apply before and after school. If you witness any cars speeding, we ask that you report these incidents straight away to the police and the City of Playford. Together, by staying alert and taking action, we can reduce risks and keep our school zone safe for all.

We sincerely appreciate your support and commitment to looking out for the wellbeing of our students.

Kind regards,
David

Class M4 News

Buddies

This term, we have enjoyed working with our wonderful Reception buddies in A5. Our time together has given us the chance to build meaningful relationships with younger students, develop our leadership skills, and act as positive role models. We have shared a range of activities, including directed drawing sessions and a fun scavenger hunt, which encouraged teamwork and creativity. Through these experiences, our students have also become someone their buddies can turn to in the yard when they need support or guidance.



Around the Classroom

This term in Maths, we have focused on adding, subtracting, and comparing fractions, using a range of strategies to build our confidence and understanding. In English, we have been learning about persuasive devices, such as rhetorical questions, modality, and emotive language. These techniques have helped us create convincing arguments in our writing. We have also been reading our class novel, Holes, which has inspired engaging discussions and supported our reading comprehension.

Winter Carnival

On 29th May, our students participated in the Winter Carnival held at Argana Park, competing in netball, soccer, and football. It was a fantastic day filled with teamwork, sportsmanship, and school spirit. Our students represented Angle Vale Primary School with pride, showing great determination and encouragement towards each other throughout the day. Congratulations to everyone who took part and made the event such a memorable experience!



Well-Being News

As we move beyond the halfway point of Term 2, I would like to reflect on the many wonderful experiences that have brought our school community together and express my gratitude for the incredible students, staff and families who make Angle Vale Primary School such a special place to learn and grow.

Swimming Week provided students with opportunities to build confidence, challenge themselves and celebrate their achievements alongside their peers. It was wonderful to see students encouraging one another throughout the week and demonstrating resilience as they stepped outside their comfort zones.

Students have also embraced opportunities beyond the classroom through events such as Knockout Netball and SAPSASA, representing our school with pride while developing teamwork, resilience and confidence.

Thank you to our Parents and Friends Committee for organising this year's Mother's Day Stall, which brought great excitement to students and families alike. We were also delighted by the strong turnout for our International Day of Families celebration, which highlighted the strong connections that make our school community so special.

Across the school, our Buddy Classes continue to foster friendships and a sense of belonging between year levels. We are also proud of our Student Parliament, whose advocacy helped bring Subway lunch orders to Angle Vale Primary School this term, demonstrating the positive impact of student voice. Our Year 5 and 6 students continue to model leadership through service, running break-time activities that support younger students and contribute to a positive school environment.

During National Reconciliation Week, students and staff participated in meaningful learning and reflection opportunities. We thank our Nunga community and all those involved for supporting important conversations that help build understanding, respect and stronger relationships between First Nations peoples and the wider community.

As we continue through the term, we look forward to celebrating Thank a First Responder Day. Students are invited to dress as a first responder and bring a gold coin donation. We thank Dalkeith Fire Brigade for generously giving their time to speak with students about life as a first responder and showcase their fire engine as we recognise the important role first responders play in our community.

Thank you for your ongoing support in making Angle Vale Primary School such a positive and connected community.

Friendship Fires, Mean-on-Purpose and Bullying

Over recent weeks, teachers have been working with students to better understand friendships and social interactions. One trend that has emerged is that many students believe that whenever someone hurts their feelings, it is bullying. While hurt feelings are very real and important to acknowledge, not every friendship issue is bullying.

To support our community's understanding, I would like to share insights from Dana Kerford, founder of URSTRONG (Friendology), whose work is helping schools rethink how they approach bullying.

Kerford believes the term "bullying" is often misunderstood by children and adults alike. For behaviour to be considered bullying, it must be intentional, repeated and harmful. Disagreements, accidental hurt feelings, friendship conflicts or not wanting to play with someone do not automatically meet this definition.

Instead, Kerford encourages schools to use the term "mean-on-purpose behaviour" because it is easier for children to understand and identify.

Rather than focusing solely on punishment, Kerford advocates teaching practical friendship skills and strategies that empower children to manage conflict, stand up to mean-on-purpose behaviour and navigate friendship challenges independently.

"When children can effectively resolve conflicts, make good choices about friendships and stand up to mean-on-purpose behaviour, we get a culture of harmony, kindness and respect."

Kerford also highlights the importance of balancing empathy with accountability. While understanding the reasons behind someone's behaviour is important, children should never be taught that mean-on-purpose behaviour is acceptable because someone is struggling.

The key message for all children is simple: it is never okay to be mean on purpose, and no child should feel they have to tolerate it.

At Angle Vale Primary School, we have begun using the language of Friendship Fires and Mean-on-Purpose behaviour to help students better understand the difference between everyday friendship challenges and more serious concerns. We encourage families to continue these conversations at home as we work together to build positive, respectful and resilient relationships.

Charlie Wood,
Well-Being Leader



Here's a scenario that demonstrates our step-by-step friendship strategy in-action:

Your friend starts calling you the nickname, "Sweatpants," because you always wear comfy pants to school. At first, you think it's fun and it makes you feel closer to your friend. You both laugh about it and think it's cool.

After time, it feels less funny and more like your friend is making fun of you. You start to feel offended and it's really bugging you. **THIS IS A FRIENDSHIP FIRE®.**

In URSTRONG, we teach kids to (1) Retell the situation, and (2) Explain how it made you feel. This is a conversation.

You ask to talk to your friend and let them know that the nickname is actually making you feel bad. Through the conversation, you explain how you feel and you respectfully ask your friend to not call you "Sweatpants" anymore.

The next day, your friend continues calling you the nickname, fully knowing you don't like it. **THIS IS MEAN-ON-PURPOSE.**

In URSTRONG, we teach kids to say their Quick Comeback in a strong voice and then walk away. This is not a conversation.

When your friend calls you the nickname again, knowing it's hurtful, you say your Quick Comeback: "Stop." You walk away and try to keep your focus on something that makes you happy.

At this point, we would let kids know that if this is a healthy friendship, your friend would respect you enough to stop calling you the nickname. If your friend continues calling you the name, trust and respect (Friendship Fact #3) break down, and this friendship would be in the unhealthy (red) zone of the Friend-o-Meter.

The URSTRONG advice: Spend less time with this friend. You deserve healthy, feel-good friendships and remember Friendship Fact #4: Friendships change...and that's okay.

If your friend continued to be Mean-on-Purpose, despite standing up for yourself and communicating it's not okay (through your Quick Comeback), then **THIS IS BULLYING.** (We describe bullying as ongoing, Mean-on-Purpose behavior.)

This requires the support of adults to provide deeper interventions. We encourage URSTRONG Schools to follow our Bullvina Prevention Plan that outlines the procedure for both the victim and the perpetrator.

OSHC NEWS

ROCKETEERS

SCHOOL HOLIDAY BOOKINGS NOW OPEN

Child Care Subsidy (CCS) available for eligible families.

Programs vary by location and are subject to change. Jump on our website to find out what's happening at your local Rocketeers.

*Please note the fees on the following pages are only of the maximum Child Care Subsidy (CCS) a family may be entitled to. To find out your eligibility, log into MyGov.

www.campastralia.com.au/rocketeers

by **Camp Australia**

FUN AWAITS! YOUR WINTER HOLIDAY PROGRAM

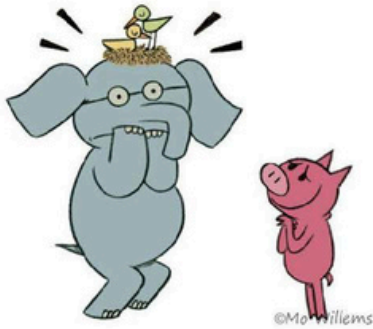
Angle Vale Primary School
Address: 3 Fradd Road ANGLE VALE SA 5117
Phone: 0450 265 054 Program Times: 06:30 am - 06:30 pm

Day	Date	Activity	Full Fee	After Max. CCS*
Mon	06 Jul	Operation: Opening Ceremony	\$76.57	After Max. CCS* \$7.66
Tue	07 Jul	Adventure: Sk8er Buddies at Gawler Sport & Community Centre	\$124.57	After Max. CCS* \$12.46
Wed	08 Jul	Project: Festival of Flavour	\$115.57	After Max. CCS* \$11.56
Fri	10 Jul	Operation: Tasty Travels	\$76.57	After Max. CCS* \$7.66
Tue	14 Jul	Big Art Day: Monster Mash	\$109.90	After Max. CCS* \$10.99
Thu	16 Jul	Adventure: Bounce Bonanza at Inflatable World	\$135.57	After Max. CCS* \$13.56
Mon	09 Jul	Adventure: Sk8er Buddies at Gawler Sport & Community Centre	\$124.57	After Max. CCS* \$12.46
Thu	09 Jul	Adventure: Toy Story 5	\$135.77	After Max. CCS* \$13.58
Mon	13 Jul	Project: Stop, Play, Rewind	\$105.57	After Max. CCS* \$10.56
Wed	15 Jul	Project: Striker Showdown	\$115.57	After Max. CCS* \$11.56
Fri	17 Jul	Operation: Winter Wonders	\$76.57	After Max. CCS* \$7.66

Visit campastralia.com.au/rocketeers to join our next mission

by **Camp Australia**

Scholastic Book Fair is coming to our school.



**WE'RE
EXCITED!**

MONDAY 15TH – FRIDAY 19TH JUNE

Can't make it to the Book Fair?

No problem! All classes will visit the Fair to create a wish list. Simply scan this QR code or follow the instructions on the back of the wish list to purchase a Gift Voucher for your child to spend at the Fair or pay for their wish list online.



**Family Shopping Times in new classroom block by Upper
Primary playground, follow the signs!**

Before School – 8:30am to 9:00am

After School – 3:15pm to 3:30pm

*Thank you for supporting **Angle Vale Primary School's Book Fair!**
Every dollar spent contributes to raising funds for our school.*
