



Term 2, Week 1 2026

UPCOMING DATES TO REMEMBER

Week 1	Term 2 Commences Mon 27/4
Week 2	Mother's Day Stall Fri 8/5
Week 3	SAPSASA Athletics Bridgestone Athletics Centre Fri 15/5
Week 5	Reconciliation Week
Week 5	PUPIL FREE DAY Fri 29/5
Week 7	PUBLIC HOLIDAY Monarch's Official Birthday Mon 8/6
Week 10	Nunga Café Tue 30/6 2:30pm – 4:00pm
Week 10	Last Day of Term Fri 3/7

School Fees

If you are not eligible for a school card, fees of \$100 per student are now overdue unless you have a school card application pending or an arranged payment plan. Please see Kerry in the front office if you require any assistance.

PRINCIPAL'S REPORT



Dear Parents and Caregivers,

Welcome back to Term 2! It is wonderful to start the term with sunshine and warm days. We hope everyone enjoyed a restful break and is ready for a productive and positive term ahead.

Community Calendar

Our Community Calendar is regularly updated throughout the year. We have attached a copy for your reference. Please also check each newsletter for important dates and events.

Mother's Day Stall

Thank you to our Governing Council for organising the Mother's Day Stall, which will be held on Friday, 8th May. Students will have the opportunity to purchase gifts for their loved ones. We hope you receive something special and enjoy Mother's Day.

Hat Reminder

A reminder that our sun safe policy requires hats to be worn all year round. Please ensure your child has a hat each day; hats are available for purchase from the office if needed.

School Improvement Review 2026

This Wednesday, staff will meet to review our progress towards the school improvement focus areas: writing, mathematics, engagement in learning, and community connections. In Term 1, we emphasised classroom routines and high engagement levels across all classes. We have implemented a consistent intervention structure in mathematics and introduced a new explicit teaching program for Reception–Year 3/4, which is already showing positive outcomes.

Wellbeing Engagement Collection Survey

Young people's wellbeing is an important part of how they learn at school. During weeks 2-5 our year 4-6 students will participate in a survey during class time. The survey seeks students' views about their wellbeing and their engagement with school. The information collected will help the education system and the broader community better support young people's health and wellbeing.

Staffing Changes

We are delighted to welcome back Rachael Harron from maternity leave. She will be working three days per week as our pedagogical leader, supporting teachers through coaching. Ellie Bowden (Room 19) will commence maternity leave at the end of Week 3, at which point Lexi Kalyvas will take over the class. Eleanor Rawson (Room 13) is on leave for Weeks 1 and 2, and Min Lu (Room 2) will be on leave until Week 5.

Kind regards, Julie Brown, School Principal



Healthy Body, Healthy Mind

During Term 1, students explored important concepts around emotions, selfawareness and wellbeing in Healthy Body, Healthy Mind.

Our **junior primary students** learned about the **Zones of Regulation®**, which helped them to better understand their emotions, recognise body clues linked to different feelings, and begin learning simple strategies to manage those emotions in healthy and positive ways.

Through a range of engaging activities and discussions, students learned to:

- recognise emotions in themselves and others
- understand the four different Zones
- use simple tools and strategies to help manage feelings and behaviour

They also explored facial expressions, body cues, emotional triggers, and ways to calm down, refocus or re-energise when needed.

The four Zones are:

- **Blue Zone** – tired, sad, sick or bored
- **Green Zone** – calm, focused, proud, happy and ready to learn
- **Yellow Zone** – frustrated, worried, excited, silly
- **Red Zone** – panicked, angry, terrified or overjoyed/elated

A key message throughout the term was that **none of the Zones are “bad.”** We all move through different Zones throughout the day, and learning how to respond to our feelings in safe and appropriate ways is an important life skill.

Our **upper primary students** extended their learning by exploring **growth mindset** and how the brain can grow and change through practice, challenge and perseverance. They learned about **neural pathways**, helping them understand that each time we practise something new, we strengthen connections in the brain.

Students also explored the idea of **grit** — showing persistence, effort and determination even when things feel challenging. They reflected on **helpful and unhelpful thoughts**, and how the way we respond to our thinking can influence our mindset, confidence and wellbeing.

We encourage families to continue these conversations at home by talking with children about emotions, challenges, persistence and positive selftalk. Working together helps build children’s confidence, resilience and overall wellbeing both at school and beyond.

Jasmine Craig

Healthy Body, Healthy Mind Specialist Teacher

6 Helpful Tips for School Zones

As parents and caregivers, we have a great responsibility to ensure children stay safe in school zones. We also play a key role in educating children about road safety.

Here are 6 helpful tips for safety in school zones.

- 1 Consider alternative transport modes to reduce the number of vehicles in school zones.
- 2 Allow enough time to take your child to the school gate safely and without rushing.
- 3 Always observe parking signs and speed limits in and around school zones. They are designed to keep your child safe.
- 4 Talk about traffic safety with your child. Identify and discuss places where it is safe to get out of the car and to cross the road.
- 5 Teach your child how to cross the road using the 'stop, look, listen and think' process – stop at the kerb, look and listen for traffic and then decide whether it is safe to cross.
- 6 Park a few streets away and walk your child to school to reduce congestion and improve safety. This is also good exercise and helps teach your child road safety rules.

For further information please contact
City of Playford

8256 0333
playford@playford.sa.gov.au

playford.sa.gov.au

playford.sa.gov.au/stayconnected



Parking safely around schools



Parking safely around schools

We all know parking and traffic around school can be frustrating but going against the road rules places not only your child's life at risk, but those of others. Tragedies can occur if care is not taken to abide by these rules.

Common Parking Restrictions

No Parking Signs
You may use this area for drop off and pick up only, for a maximum of 2 minutes. You must not queue or wait here. The driver must remain with the vehicle.

Kiss and Drop Zones
are generally near the school gates and are designated by 'No Parking' signs.

Here are some key reminders when entering a Kiss and Drop Zone:

Follow the rules of 'No Parking' signs

Be mindful of others who are also dropping off their children

Keep an eye out for children crossing the road when exiting the Kiss and Drop Zone

Be mindful that queuing for the Kiss and Drop zone may result in other breaches to the road rules

If your child is unable to enter/exit the vehicle and enter the school independently, consider parking and walking your child in



No Stopping Signs/ Yellow Lines

Both No Stopping Signs and Yellow Lines mean the same thing. There might be one or the other or both. Drivers must not stop on a length of road to which this restriction applies, even if you are stopping for a short period to pick up a child. Stopping here may cause a traffic hazard as well as congestion. You cannot stop near a school crossing, always follow the signs and yellow lines.



Bus Zone Signs

You must not stop within a bus zone at any time. This zone is only available to public buses. If there are no signs, you are not allowed to stop within 20 metres of the approach to a bus stop or within 10 metres of the departure side.

Double Parking

Drivers must not stop next to a vehicle already stopped or parked at the kerb at any time.

This practice is illegal and creates dangerous situations for traffic flow and for pedestrians crossing a road.



Example of cars double parked in a school zone.





We deliver a range of inclusive activities for fathers of children aged 0-12 in the Playford area.

centacare.org.au



PARENTING SUPPORT WELLBEING COMMUNITY CONNECTION REFERRALS

We will give you the tools to:

- build parenting skills, confidence, cultural belonging and a positive sense of self
- engage in children's lives and have a positive influence on their development
- strengthen the parent/child relationship and build a strong parenting team
- enhance wellbeing in fatherhood
- connect with community supports.

Mondays to Wednesdays

Within the SA School Terms
Dads Business
Elizabeth Rise Shopping Centre
26 Hamblynn Rd, Elizabeth Downs

Contact:
08 8412 9500 | avlahos@centacare.org.au

Due to the nature of our services, we are unable to accommodate children at the Dads Business activities.



Breakfast Club

Every school day our site hosts breakfast club. Granny welcomes students from 8am until 8:45am in the library kitchen. Students can choose to have toast or cereal for breakfast before they start their learning.



OSHC

Elizabeth Grove OSHC operates on site from 6.30 – 8.30am and 3.05 - 6pm each school day.

Fees payable by each family will vary based on income and Child Care Subsidy received.

Full fees are \$24.00 for before school and \$35.00 for after.

Breakfast and a healthy afternoon snack are included.

Jaimaya OSHC Director on 0431846281 or the **School front office** for an enrolment form.

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