



CANTEEN MENU

TERM 2, 2026

HOT FOOD

Pie	\$5.00
Pasty	\$5.00
Spinach & pumpkin pasty	\$6.00
Sausage roll	\$4.50
Hot dog with sauce	\$6.00
Ham and cheese pizza	\$4.50
Ham & cheese croissant	\$6.00
Spaghetti	\$3.00
Baked Beans	\$3.00
Pizza Pockets	\$4.00

SANDWICHES / WRAPS

Sandwiches

Chicken & salad	\$7.00
Ham & salad	\$7.00
Salad	\$6.00
Ham & cheese	\$5.00
Chicken, cheese & mayo	\$6.50

Wraps or Rolls

Toasted sandwiches:	
Ham & cheese	\$5.00
Chicken, cheese & mayo	\$7.00

Chicken Caesar Wrap

w/ chicken, mixed lettuce, bacon, parmesan and caesar dressing	\$12.00
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Sweet Chilli Chicken Wrap

w/ lettuce, sweet chilli chicken tender, cheese and sweet chilli sauce	\$14.00
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Chicken Panini

w/ spinach, chicken, coleslaw and peri peri mayo	\$12.00
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Ham Panini

w/ ham, salami, cheese, tomato, red onion, mixed lettuce, olives and mayo	\$12.00
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SERVED FRESH OR TOASTED

SNACKS

Red Rock Deli chips	\$3.50
Brownie	\$3.50
Piece of fruit	\$1.00
Jelly cups (GF)	\$2.50
Mini Bites - rice cakes (GF)	\$1.50
Popcorn	.40
Veggie Sticks - carrots, cucumber and cheese (GF)	\$2.00
+ Ritz biscuits	\$1.00
Fruit puree pouch	\$2.60
Le Snack	\$1.50
Frozen Orange	.50

ICECREAMS

Zooper Doopers	\$1.00
Lifesaver Icpole	\$3.50
Raspberry or lemonade Icpole	\$3.50
Moosie	\$2.00
Choc /strawberry / banana / blue moon	
Milo Scoop Shake icecream	\$5.00
Juicie Icpoles	\$2.00

SALADS / QUICHE

Quiche Lorraine or Pumpkin & Spinach Quiche	\$6.50
Warm Chicken Salad (GF)	\$18.00
w/ spinach, salad, avocado, feta, herbed chicken and balsamic maple dressing	



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SPECIALS

MONDAY

- CHICKEN GOUJONS (5)

\$5.00

Add dipping sauce:

- Tomato
- BBQ
- Sweet Chilli
- Aioli

\$1.00

- Mac & Cheese

\$6.50

TUESDAY

- YIROS BENTO BOX

\$10.00

-Gluten Free Option Available-

Seasoned yiros chicken paired with lettuce, grated mexican cheese, sliced tomatoes served with mini wraps (2)

Extras:

Smashed avocado (GF)

\$2.00

Tzatziki garlic sauce (GF)

\$2.00

Gluten free wraps (2)

\$2.00

WEDNESDAY

- BUTTER CHICKEN

\$12.50

Chicken tenderloins in a creamy butter chicken sauce served with steamed white rice

THURSDAY

- LASAGNA

\$13.50

Ground beef cooked in garlic, tomato & herb sauce layered between pasta sheets & bechamel sauce topped with grilled cheese & parsley

FRIDAY

- BURRITO BOWL

\$18.00

w/ lettuce, chicken, corn, Mexican rice, cherry tomatoes, red onion, sour cream, cheese and peri mayo

MEAL DEALS

Choose one from each:

\$8.50

SAVOURY:

- >Small sausage roll (2)
- >Party pie (2)
- >Veggie sticks & Ritz pack

SNACK:

- >Jelly cup (GF)
- >Mini bites (GF)
- >Pretzels
- >Fruit puree pouch (GF)
- >Popcorn

DRINK:

- >Fruit box
- >Flavoured milk
- >Water

DRINKS

	Sml	Med	Lrg
Cappuccino/latte/flat white	\$4.50	\$5.50	\$6.50
Chai latte	\$4.50	\$5.50	\$6.50
Soy or oat milk		+ 0.80	
Extra shot		+ 0.50	
Tea	\$4.50	\$5.50	\$6.50
Assorted fruit boxes		\$2.00	
Assorted flavoured milks		\$3.00	
Water		\$2.00	

PLEASE PLACE
ORDERS
EITHER
ONLINE OR AT
CANTEEN BY
9:00AM

<https://www.spriggyschools.com.au>