

## Newsletter Term 1

# 27 March, 2025



**QUICK ACCESS TO OUR SCHOOL WEBSITE CALENDAR**

### Important Diary Dates:

#### **Pupil Free Days 2025**

Monday 19 May

Monday 21 July

Monday 24 November

**School Closure Day** – Friday 21 November



### From the Principal All about Regulation

***Regulation is the ability to notice and manage your emotions, attention and energy levels to match the demands of a situation.***

Our school has been fortunate to engage with the Department for Education's Self- Regulation Service for the past 9 months. Staff have participated in various workshops to extend their understanding of supporting children's regulation and sensory needs. A small team of staff also worked closely with an Occupational Therapist to explore ways we can increase regulation and sensory opportunities in our outdoor play spaces.

We are designing our outdoor spaces to promote regulation by providing:

- Calming and retreat spaces
- Contact with nature
- Movement opportunities: vestibular and proprioceptive
- Heavy work
- Activities to promote teamwork, play and rewarding projects

During the year you will see various new items being introduced into our outdoor play spaces

**Two current spaces enjoyed by children are our sandpit and loose parts play within our Nature Play space.**



**Sandpits** provide several opportunities for sensory experiences, such as:

- Heavy work opportunities – digging, lifting, moving
- Tactile experiences – feel of the sand
- Incorporation of water play

Children can play independently or in groups and play can be imaginative or structural/engineering to solve a problem.



#### **Loose parts play**

Loose parts refers to materials that can be moved, carried, combined, redesigned, lined up, taken apart and put back together again. Using loose parts within play is beneficial for children as it promotes:

- Heavy work opportunities – moving tyres, rolling logs
- Creativity and imagination – rather than being guided by playground equipment
- Construction – building using objects
- Social interactions /sharing of resources
- Opportunities for regulation



## Harmony Week

Harmony Week is celebrated nationally from 17-23 March. It is a celebration that recognises our diversity and brings together Australians from all different backgrounds. Our classes have been learning more about the importance of inclusiveness and that our community, and the wider Australian community, is diverse. Australian identity is not determined by where you are born, but your involvement in the community you live in.

Last week classes celebrated Harmony Week. Students developed their understanding of the central message for Harmony Week, 'everyone belongs'. All students enjoyed a picnic lunch on the oval with classmates, and it was positive to have so many family members join us.

The orange donuts enjoyed by many was a fun initiative of our Fundraising committee. \$290 was raised and will go towards the purchase and installation of an inground trampoline.

# HARMONY WEEK



## Start of the school day

Families are reminded that the school opens at 8:35am each day and a staff member is on duty in the yard from this time. Learning begins at 8.55am. We have noticed a growing number of students being dropped off early to school and are in the yard unsupervised for a period of time.

Families are asked to book their child/ren into OSHC if they need to drop them before 8:35am.

Sue Matene  
Principal



## Room 4 Wellbeing

After our Wellbeing focus in Weeks 1 and 2, the children in Room 4 have continued to learn about kindness and everyone belonging.

We talked about being kind to our friends and family. They loved learning Pevan and Sarah's 'Be Kind' song. We have also talked about our personal space or our 'bubble'. They enjoyed another song from Pevan and Sarah, 'Don't Pop My Bubble', to help with their understanding of personal space.



## Room 3 learning letter sounds

This Term Room 3 have enjoyed learning letter sounds through the Little Learners Love Literacy Program. We have been reading the Milo's Birthday surprise book and introducing 2 sounds a week. We have been blending these sounds together to make words. Room 3 have enjoyed playing our favourite game, 'musical words', we dance to the music, and when the music stops we read the words on the paper plates. Room 3 are excited to continue to learn letter sounds!



## Lacrosse Carnival success

Congratulations to the 110 year 4-6 students who competed at a lacrosse carnival on Tuesday 25 March. After a few weeks of clinics and practise in PE lessons, we demonstrated our new skills against Brighton, Paringa Park and Warradale. We had a Seacliff team reach the grand final in all 4 divisions with our yr 6 boys and yr 4/5 girls winning their final to win the trophy!

Thank you to all the teachers, volunteers and parents who made this day possible and who came down to cheer our teams on.

Michael Best





## Think Bright Program 2026 Selection Process



### STAGE 1 - ONLINE APPLICATION - Save the Date

Online applications open Wednesday 5 March and close Sunday 30 March 2025.  
(Applications will not be accepted after the closing date).

For more information and to apply, visit the Brighton Secondary School website:  
<https://www.brightonss.sa.edu.au/special-interest-programs/think-bright/>

### STAGE 2 - CHALLENGE DAY (Invitation Only)

Tuesday 6 May 2025 (Term 2, Week 2)

Successful applicants will be notified of the outcome during the week starting  
Monday 19 May 2025.



## SIV Trials - In Zone 2026 Selection Process



### STAGE 1 - ONLINE APPLICATION - Save the Date

Online applications open Wednesday 5 March and close Sunday 30 March 2025.  
(Applications will not be accepted after the closing date).

For more information and to apply, visit the Brighton Secondary School website:  
[brightonss.sa.edu.au/special-interest-programs/volleyball/selection-process](https://www.brightonss.sa.edu.au/special-interest-programs/volleyball/selection-process)

### STAGE 2 - FITNESS AND SKILL TRIAL - Save the Date

Thursday 8 May 2025 (Term 2, Week 2)

Boys - 9.00am - 11.30am

Girls - 12.00pm - 2.30pm

**ATTITUDE, BEHAVIOUR AND COMMITMENT TO LEARNING CHECK**  
(School report review. No student attendance required).

Successful applicants will be notified of the outcome during the week starting  
Monday 19 May 2025.



## SIV Trials - Out of Zone 2026 Selection Process



### STAGE 1 - ONLINE APPLICATION - Save the Date

Online applications open Wednesday 5 March and close Sunday 30 March 2025.  
(Applications will not be accepted after the closing date).

For more information and to apply, visit the Brighton Secondary School website:  
[brightonss.sa.edu.au/special-interest-programs/volleyball/selection-process](https://www.brightonss.sa.edu.au/special-interest-programs/volleyball/selection-process)

### STAGE 2 - FITNESS AND SKILL TRIAL - Save the Date

Wednesday 9 April 2025 (Term 1, Week 11)

Boys - 9.00am - 11.30am

Girls - 12.00pm - 2.30pm

### STAGE 3 - INTERVIEW (Invitation Only) - Save the Date

Monday 12 May 2025 (Term 2, Week 3)

Successful applicants will be notified of the outcome during the week starting  
Monday 19 May 2025.



## Special Interest Music 2026 Selection Process



### STAGE 1 - ONLINE APPLICATION - Save the Date

Online applications open Wednesday 5 March and close Sunday 30 March 2025.  
(Applications will not be accepted after the closing date).

For more information and to apply, visit the Brighton Secondary School website:  
<https://www.brightonss.sa.edu.au/special-interest-programs/music/selection-process/>

### STAGE 2 - AURAL TEST & WORKSHOP

Tuesday 8 April 2025 (Term 1, Week 11)

### STAGE 3 - INTERVIEW (Invitation only) - Save the Date

Tuesday 6 and Wednesday 7 May 2025 (Term 2, Week 2)

Successful applicants will be notified of the outcome during the week starting  
Monday 19 May 2025.



## City of Holdfast Bay: Young Creatives – After school Art Workshop series

Do you have a young person interested in the Arts? Would they like the opportunity to develop their creative skills? City of Holdfast Bay are excited to offer Term 2 of our Young Creatives program, offering a 6-week arts-based workshop series working with local Artist, Rebecca Prince. Sessions held weekly Wednesdays from 7 May – 11 June (inclusive), 4-5pm at the Holdfast Bay Community Centre. Available for students aged 7 – 12 years who live or attend school within the City of Holdfast Bay, new participants only. Total cost of \$60 payable at time of enrolment.

Limited spaces available with expressions of interest open now via <https://www.trybooking.com/events/landing/1372983>



Working with established artist Rebecca Prince, this 6-week art workshop series will play with a range of interesting art techniques encouraging and developing creative skills and confidence.

Expressions of interest open now via the QR code or  
**[trybooking.com/DADBB](https://www.trybooking.com/DADBB)**

Limited spaces & eligibility criteria applies



**Holdfast Bay  
Community Centre**



# April 2025 School Holiday Program



- On your marks, get set, school! 3-6 years
- Aqua Skills 3-9 years
- LEGO® Club 7-12 years
- Dungeons and Dragons 8-12 years & 13-17 years
- Fidget Masterclass 9-12 years



Click on the link below for more information

[View the full program for ages 3 - 17 years](#)

## PLAY AT THE BAY

Sand  
Mandalas

Tote bag  
art

Sat 12 April –  
Sun 27 April 2025

Easter  
craft

Plus more!

SCHOOL  
HOLIDAY  
PROGRAM