



Contents

Principal's Report
Governing Council
Student Free Days
Learning an instrument
Student Absence SMS
Deputy Principal's Report
Lions Youth of the Year
School Mental Health Service
SACE Improvement Work
Kiara's Column
Writer in Residence
Interschool Swimming Carnival
Year 9/10 Physical Education
Agricultural Studies
Food & Technology
Technical Studies
Cafe
Year 8
Year 7
Library
Middle School Camp
Middle School Camp Photos
Interhouse Athletics Carnival
Community Notices

Important Dates

Monday 27 February 2023

- Year 7-9 Athletics Trials
- Lions Youth of the Year - 6:45pm

Tuesday 28 February 2023

- 1500m

Thursday 2 March 2023

- Interhouse Athletics Carnival

Thursday 9 March 2023

- Year 10 & 12 SAPOL session

Monday 13 March 2023

- Adelaide Cup holiday

Wed 15 Mar-Fri 17 Mar 2023

- Year 11 Outdoor Education camp

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Government
of South Australia
Department for Education

Principal's Report

Steve Carli-Seeböhm



Dear Parents and Caregivers

"Everything doesn't need to happen right now.

We forget that everything happens in perfect timing.

You can't plant a seed and instantly pull it out to see if anything is growing."

Welcome back to a brand-new year, a brand-new term and brand-new opportunities. I came across the above quote the other day, and thought to myself, that in the hustle and bustle of the last 4 weeks, how easy it is to lose sight and focus of the bigger picture and the long-term plans for the future. It's certainly important we plant the seeds of success as soon as possible, however, letting that success grow and happen exactly when and how it needs to, is the part we need to remind ourselves around.

I spent time in week 0 working with staff around how important our roles as educators and working in a school is for our young people. I asked staff to reflect on their own experiences, and in turn, requested students to think of the teachers in their lives that made an impact. We all have that one key teacher we remember who provided a moment, an opportunity, a word or two of wisdom, or a lesson that became that pivotal time in space that changed our way of thinking.

As an educator, I don't know the exact moment I will provide that point of impact for any of the students I interact with, nor do any of the staff at Penola High School. I have asked everyone to keep that in mind - that at some point we will be the impact. We will be the ones who provide a moment in a young person's life that helps them on their learning journey. This means, always having the high expectations of ourselves to keep delivering moments of inspiration and engagement for students at the school.

I shared at the end of last years principal's address (via teams due to covid) my plan to look at raising expectations, improving standards and re-energising the school under the following four banners:

Professionalism: High expectations of staff performance through quality professional development, teaching practice improvements, feedback and raised standards.

Wellbeing and student management: Support structures for staff and students around wellbeing issues and concerns, as well as refined and focused student management systems and policies.

Public Relations and Marketing: Rebranding and high publicity profile of Penola High School as a quality, best-practice educational service provider through a range of learning experiences shared through publications and social media presence.

Community: Visibility and engagement in the wider community, of staff and students from Penola High School. Building our profile in service with, and of, the community, by participating in and generating events for Penola.

We have begun the year in a positive manner, with a number of newly implemented systems that have accommodated these four banners.

Teaching staff have begun a series of learning modules provided by *Corwin Education* around Learning Intentions and Success Criteria. This will bolster staff understanding of these concepts, in line with best practice teaching and learning pedagogy.

As a site, Alex Miles has joined us as a school-based Mental Health Practitioner, and will assist in our wellbeing support structures within the school, and as a link to external service providers. We have introduced the "Penola's Positive People" honour board, where students are acknowledged for their positive contributions within the school each week. This can be seen in our foyer area.

We have established open lines of communication with wider community publications, to ensure the words and images of our students and their experiences is better publicised in the community. We will continue to promote all our student activities and celebrate success in these forums.

We have looked at a number of community events to be actively engaged with and supporting of, over the course of the year. This is in addition to the ones we already have on our calendar. The Penola Coonawarra Arts Festival has a number of key events linked to the school, including Bendigo bank getting behind sponsorship of our “Artist in Residence” program linked to the festival.

I can’t believe that it is already week 4, with so much that has happened in such a short time. In week 3 the school went through an External School Review process, which involved 2 days of our school being evaluated against 3 lines of inquiry to do with pedagogy, leadership and school culture. The panel that conducted the review were impressed with all the feedback they received from staff, students and parents, in terms of the openness and honesty, with not just the challenges being discussed, but the highlights of working and attending Penola High School. The results of this process will be known later in the term.

Finally, I would like to welcome Alex Miles, Joey Hill, Gennaeve Mislov, Jane Pryor and Tim Finch to our team in 2023. To all members of the Penola High School community, may you all plant the seeds of your success and allow them to grow accordingly!

Kind regards



Governing Council
Vicki McDonald-Burgess

The Penola High School Governing Council AGM was recently held on Monday 20 February 2023. The following committee was formed for 2023.

Chairperson	Tamara Ploenges
Secretary	Stacey Marlow
Treasurer	Megan McGuinness
Parents:	Sue Bell
	Bridgitte Cutchie
	Charmaine Moulton
	Matthew Phillips
	Belinda Sanders
	Pat Sharam
Staff:	Steve Carli-Seebohm
	Vicki McDonald-Burgess
	Cory O'Connor

Future meetings will be held on the 3rd Monday of each month (excluding April, July and December), either in the Penola School Community Library, or online via TEAMS. The role of the council provides a forum for parental involvement in things such as setting broad directions, monitoring human resource and asset management plans, determining student policies, financial management, and ascertaining the educational needs of the school community.

If you are interested in joining council, please contact Vicki at school on 8737 0000. The next meeting is scheduled for 20 March 2023 at 6:00pm – Dr Ruth Schubert District Director will be a guest speaker at this meeting.

Student Free Days

Penola High School would like to advise of the following upcoming Student Free Days.

- FRIDAY 17 MARCH 2023 (Term 1, Week 7)
- FRIDAY 19 MAY 2023 (Term 2, Week 2)

Want to learn an instrument??



Geoff Stephens, is an Instrumental Music teacher at Penola High School and he would like to offer music lessons to students in the field of the following instruments: drum kit, flute, clarinet, saxophone, trumpet and trombone. Lessons will free of charge, however, students will require to provide their own instrument, book and make a commitment to regular practice to ensure they achieve some success. If your student would like to take up this wonderful opportunity, please have them leave their name and contact number for a parent at the front office.

Student Absence SMS (only)
Notification number:
0400 134 993

Deputy Principal's Report

Hillary Trotter

2023 has started and is already flying by! We have had so many successful events and programs added to our calendar this year, and it is exciting to be part of Penola High School. From the teaching and learning side of things, we are working towards building a culture of high expectations for students and teachers. The goal is that all students at Penola High School are performing and engaging to the best of their ability, being focused on growth for each student, which is a big task. Our first steps towards achieving this, is through some consistent approaches to tracking and monitoring student progress and work. At Penola High School, teachers are following a teaching and learning agreement which they have started to share with students. The foundation of this agreement is as follows:

- All learning is valued and valuable.
- Drafts are a method of monitoring student progress, providing feedback on learning and can be used as evidence of completion of an assessment task if no final copy is produced and submitted.
- Assessment tasks are the primary means through which students can demonstrate their learning. Consequently, all assessment tasks should be completed to a satisfactory standard in order to achieve SACE and relevant Australian Curriculum standards.

We are working on implementing strategies to communicate more effectively with parents, monitor student progress and support their success in their learning. In week 6 we will be holding a student forum, in which we will share the teaching and learning agreement with students in home groups, in order to make their responsibilities and our responsibilities clear. This will ensure we are all accountable.

I truly believe that we have wonderful young people in our school, and that if we are working from the same page we will be successful in what we try to do.

Lions Youth of the Year

Hillary Trotter

Year 11 and 12 English students are steadily preparing persuasive speeches for the Lions Youth of the Year Award which will be held Monday 27 February 2023. Students are designing a speech on a topic of interest or concern to them, with the intention of persuading the audience to their point of view. I am excited to see so many topics which have a local flavour, and it is wonderful to see how community minded our young people are. The brave students who will participate in the final event will be interviewed about their community involvement, and who they are as a young person. They will also participate in some impromptu speeches to test their speaking skills further.

I look forward to sharing the outcome of this event with our school community.

School Mental Health Service

Alex Miles



I would like to introduce myself as the new School Mental Health Practitioner (SMHP) at Penola High School. I am an accredited social worker and bring a number of experiences working with young people and mental health. Prior to my role at Penola, I worked as a school Case Manager in Mimili,

a remote indigenous community in the APY Lands.

Here at Penola Penola High School, I will work collaboratively with students and families, education staff, other support service providers, and external agencies to support young people to improve their psychological health and emotional wellbeing.

The School Mental Health Service (SMHS) has been established to help support the increasing number of students who experience mental health concerns that impact on their wellbeing and learning. It is designed to complement – not duplicate – the range of existing mental health and wellbeing services already available in schools, including student wellbeing leaders, student support services and SWISS (Social Work Incident Support Service). The SMHS sits within Student Support Services in the Department for Education. Mental health practitioners are based in schools to support young people with mild to moderate and emerging mental health concerns. The SMHS provides a brief intervention service – short term, time limited support.

In my role, I may provide a range of services, including:

- assessing student mental health needs and concerns
- supporting students to develop strategies to manage distress and maintain their mental health
- contributing to referral and case management processes for students with more complex mental health presentations
- developing the mental health literacy of our communities such as school presentations and groups
- supporting referrals and linking to external support services as required

If you would like more information about the School Mental Health Service, including eligibility and referral/appointment processes, please contact Penola High School and we can provide this.



SACE Improvement Work

Hillary Trotter

In 2023 Penola High School has elected to be part of the SACE pilot in the subject *Exploring Identities and Futures*. This subject basically replaces PLP at Year 10. Our role is to trial new learning strategies which improve student agency and capacity for learning. We will then feedback information about what works, what students need and what doesn't work to the SACE board. The feedback will be used to inform further development to the subject, as well as improvements to the way it is delivered. It is exciting to be a part of a pilot, as the work our students do, and the feedback we give, will have a direct impact on the development of a subject at SACE level. Mrs Phillips is currently working through this subject with Year 10 students, and we are appreciative of her planning and the activities students are going to be working on - I encourage parents to speak with Year 10 students about what they are doing in this subject. We look forward to sharing more detail about what is happening at a classroom level.

Kiara's Column

Kiara Price



Hello Penola High students and families - welcome to 2023! Kiara here, your friendly neighbourhood pastoral care worker (PCW)! Also, a special welcome to our new Year 7 students and their parents/families this year! I'm thrilled to be back and continuing my work here at Penola High School. I'm also continuing my PCW role at Nangwarry Primary School. This week, I would like to remind you what my role is at school, for those who are new, still unaware or unsure. I care for and support the wellbeing and needs of the students, staff and families at our school. I do this by running group programs such as *Flourish* (Girls Group), *What's the Buzz* and *Mentor Me*. I also connect the school with the community, and work with the schools wellbeing team and Mental Health Practitioner to support students. Please contact the wellbeing team at Penola High School if you need some support and we will direct you to the person best suited to help. I look forward to meeting new faces this year and building on current friendships and partnerships with students, staff, parents/families and the local community.



Writer in Residence - Catherine Martin Literary Award

Hillary Trotter

Students at Penola High School are busy preparing for the Penola Coonawarra Arts Festival by honing their creative writing skills. As part of our learning programs, all English students at Penola High School are creating a written piece to be entered into the PCAF Catherine Martin Literary Award. This is an exciting time for our school, as we have been able to secure a Writer In Residence, through a partnership with the organisation Writers SA. Writers SA is the peak organisation for writing and literature in South Australia. They are a not-for-profit membership-based organisation that aims to foster, develop and promote writers and a national culture of writing. Through this partnership, we will be joined by writer, Jude Aquilina. Jude Aquilina, from Milang, is a published writer, educator and writing-mentor. Her poems, short stories and articles have been published around Australia and abroad. Jude has worked as manager at the SA Writers Centre, and has taught at Flinders University, Adelaide TAFE, plus in dozens of schools, libraries, community centres and in a prison. She is currently working on a book about the outback and a collection of South Australian ghost stories. Jude Aquilina was the 2018 recipient of the Barbara Hanrahan award for sustained contribution to South Australian literature. Her books include *Woman Speak*, *Knifing the Ice*, *On a Moon Spiced Night* and *Tadpoles in the Torrens*, published by Wakefield Press. Jude will specifically run workshops for our students to help them hone their skills in preparation for the Catherine Martin. Her activities are fun and inspiring, and will hopefully encourage the young writers in our midst to challenge themselves and create some amazing work.



Interschool Swimming Carnival

Josh Pearce

On Thursday 16 February 2023, a select group of highly tuned athletes took part in the Interschool Swimming carnival, held at Penola Swimming Pool. Students braved the heat to represent their school and town, and didn't disappoint.

Mia Gartner secured second place in both the 15yr freestyle and breaststroke, but it was in the novelty that she was able to truly shine. In the 'float' contest, Mia demonstrated an exceptional buoyancy skill, and a unique ability to hold her breath past what was previously deemed possible, allowing Mia to win this inaugural event. Kiara Epiha, Emma Jerome, and Rachel Jerome came in as reserves for the Penola High School team on the day, and took home seconds in their respective events. When their powers were combined, all four girls were a formidable force, winning the medley relay by several body lengths.

Penola only had one entry in the 15yr boys division, with Bodhi Lear approaching the day with enthusiasm, knowing that he would have to compete in all of the strokes, as well as swim in a senior division to represent Penola in the boys relays. Bodhi shone all day, winning all of his individual races, and taking home the 15yr boys championship.

Lochy Neale and Olivia Berkin, in similar fashion to Bodhi, were the only Penola representatives in their division, and swam remarkably throughout the day. Fighting fatigue, the school captains showed why they earned these roles.

Olivia, Arlie Shadbolt and Mia, known for their keen interest in lepidoptera, were the only three in the carnival who could swim butterfly fluidly, and it significantly contributed to their medley relay teams. Arlie was also able to win his individual freestyle event, standing out of the pool to celebrate after touching the wall first.

The open girls freestyle relay team, comprised of Olivia, Mia, Shelly Crawford and Chloe Cutchie, was the race of the day. Penola had a slight lead going into the last leg, with Chloe, and the opposition from Millicent, seemingly touching the wall at the same time. Perhaps it was the swimming gods giving luck to the home team, or some subject timing from the Penola timekeeper, but Penola was awarded the win, resulting in Penola's 9th win of the day.

In similar fashion, the open boys medley relay of Noah Virtanen, Arlie, Bodhi and Lochy was perhaps the biggest win of the day. With Noah's excellent start, Arlie's ability to dominate the pool in butterfly, Bodhi in backstroke, and Lochy's record setting freestyle pace, it was no wonder that the team won by almost 20 metre.

Though Penola didn't win on the day, every student was able to take home a win, whether in a team or individual event. All students represented the school in the manner that is expected, embodying the school values of respect, inclusivity and resilience.



nurturing individual success

Let's look at...Year 9/10 Physical Education

Josh Pearce

The Year 9/10 Health and Physical Education classes have recently been exploring the sport of lawn bowls. Students, accompanied by teacher Josh Pearce, have been walking to the Penola Bowls club twice a week, to learn the art of the sport.

Under the guidance of bowls enthusiast, Norm Vaughan, students were able to develop the understanding of the bias, the required power to put into each shot, and the backhand and forehand draw shot. Students have benefited from this expertise, now showing progression in their skills, and being able to adapt their power and technique for various conditions.

A special thanks to Norm for the continual, and expert coaching. It is great to continue building greater connections within the Penola area.



Let's look...at Agricultural Studies!

Cory O'Connor

Over the past couple of weeks the Year 8 Agriculture class has been learning about plant germination. Students sourced what is needed for plants, then planted their own vegetable seeds to watch them grow. The aim of the task is to show how we can maximise little spaces to grow food for the world. Students have been growing their seedlings in a cup on a window ledge.

The Year 8 Students have also been learning about the processes of raising chickens from an egg. The students have 36 chicken eggs in the incubator at the moment, which will hatch in the coming weeks.

Let's look at...Food & Technology

Olivia Jaeschke

As part of Food Technology, Year 7 and 8 students are participating in the new Oz Harvest secondary student curriculum this year. Oz Harvest very generously provided the Food Technology Centre with over \$1,000 in kitchen equipment, including 6 new electric frypans.

Students have begun researching the importance of preventing food waste, and will create their own recipes following the healthy eating guidelines, later in the term.

Recently, the Year 8 students made vegetable fritters as their first practical lesson. Students worked confidently in pairs to follow the recipe, and enjoyed "freestyling it", when it came to adding herbs and spices to their food creations.



As part of Stage 2 Food and Hospitality, students began the year with the topic of Food Safety and Hygiene. Students worked in groups of three to create gourmet gift boxes which included at least one "high risk" ingredient in each food item, as well as appropriate labelling, including best before dates and nutrition panels. Upon reflection, students were proud of themselves and their groups efforts, setting themselves personal goals and achieving them with dedication, as can be seen by the gourmet box they produced.



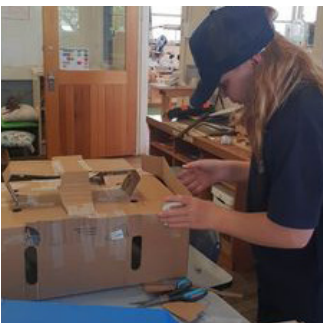
Let's look at...Technical Studies!

Andi Zerk

Year 11 Stage 1 Material Products students have been learning and using their practical skills to produce different wood joints. Students, working in pairs, revamped the wooden bench tops in the Technical Studies area using a miter joint replacing the edges of 6 bench tops. This has been completed as their learning, and the pride they take in their learning area. Students have also benefited from the helpful hints regarding certain machinery, given by our resident groundsperson Tim Finch.



Year 7 students are currently working on designing a prototype of a marble run. They used numeracy to measure the size of their base, and for the length of each step. Construction of the final product, will see students using wood, nails, paint and glue. The marble run that is the slowest wins a prize.



Year 9 and 10 students are working on a design process of either a serving tray or a project of their choice. Students will then need to incorporate the use of their chosen joint, which they have been practicing on during lessons. Some of these joints consist of butt joint, half butt, mitered butt, mortise and tenon. These joints are sophisticated in style, however, students are continuing to perfect their practice.



Let's look at...Cafe!

Andi Zerk

Cafe and Food & Hospitality have begun the year restoring the school vegetable gardens and surrounds. Students have planted seeds, with the garden now housing a large variety of vegetables including beetroot, corn, mixture of herbs, spring onions, leeks, zucchinis, pumpkin, snow peas, beans, and a mixture of herbs. Students are looking forward to utilising the produce with cooking classes, as well as selling them to the local school community. If members of the local community are able to donate any seeds or seedlings, the school would be very grateful. We look forward to this project continuing to shine.



Let's look at...Year 8!

Jane Pryor

The Year 8 cohort has started the year with great enthusiasm, engaging in a wide range of learning area activities. The students are exuberant in their approaches, and have opportunities to be successful in navigating the curriculum requirements with commitment and sustained effort. English studies are presenting challenges, as students have been busily reviewing and practicing their skills and understandings of persuasive writing. Structures for writing sentences and paragraphing have been a focus, including persuasive literacy devices. The study of various text types, other creative writing, poetry and a novel study are included in their program. HASS studies have also commenced, with students being introduced to the concepts required to help students to investigate and understand the study of history. Medieval Europe is their current topic, where they are considering events and living conditions of the times. It is a wonderful opportunity for them to compare current living conditions and events. The combination of English and HASS as Global Perspectives, allows students to consider literature, the arts, technologies, architecture and social structures, both past and present, and being able to express their views through both areas of learning.

CHOOSING COURAGE

Our newest Penola High School community members have started the year looking at mindsets that will support their successful transition to high school, and participation in learning. Students have explored 5 types of courage, reflecting on different situations where it is needed.

Moral courage is having integrity to do what’s right (even when no one is looking!)

“I used moral courage when I didn’t want to do the dishes because I wanted to hang out in my dorm but I did them anyway because I knew it was the right thing to do. It turns out it was actually pretty fun because my friends were doing them with me.” Riley

Emotional courage is being willing to feel all your emotions at the risk of encountering negative ones

“I used emotional courage when we played the game Sardines at night. For some reason when it’s dark a lot of scary things come to my mind. It didn’t help we were in the woods and the fact I didn’t have a torch! So I used that courage to battle my fears and go play the game. In the end I got creeped out, but had heaps of fun!” Lea

Learning courage is being willing to engage with challenging ideas and risk making mistakes

“When I did the rope swing the first time it was hard. I experienced learning courage because I had to learn the tricks to the ropes. After a bit I got the hang of it and in the end we had a blast and got wet!” Harvey

Social courage is staying true to you

“When I was on the bus and was around people I didn’t really know I had to use social courage to interact with them and I had fun.” Zoe

Physical courage is bravery at the risk of bodily harm

“When I made the cricket academy, I needed physical courage because I was facing the fastest bowler. When I was batting, they were bowling 80km/hr and I felt terrified about getting hit.” Preston

February has been a very busy month in the library! All students have received their laptops, textbooks and calculators and are now in the full swing of Term 1. Thank you to parents/caregivers for the prompt return of IT Agreement forms which helped immensely with this process.

Our first library event for the year was a Valentines Day celebration, where students participated in book speed dating” during a lunchtime break. The seminar room was transformed, being decorated with roses and LED tealight candles to set the mood. Students had 5-minute ‘dates’ with a variety of novels across different genres. At the end of each date, students rated their scores from 1 to 5 stars, with many successful matches made by the end of the activity.



The Premier’s Reading Challenge has also begun at Penola High School. In 2023, we mark the 20th anniversary of the challenge, making it a particularly special year to get involved. While 12 is still the magic number for completing the challenge, students who push themselves to read 20 books this year will also receive a special commemoration. We have fantastic completion rates for the Premier’s Reading Challenge at Penola High School and we would love to see this continue. All students can get involved, and we particularly encourage senior students to have a go. Registration and tracking forms are available from the Library.

The *Writing Centre* is another project being worked on in the library, where students will be able to book a 15-minute appointment with teacher-librarian, Elissa Hiotis, to go over pieces of writing they are working on. These could range from school assessments and creative writing pieces, to cover letters and resumes. The centre will be included in the official teaching and learning expectations, as a service for students to utilise. We hope that the introduction of the centre will support student literacy, and build their confidence with writing.

Middle School Camp - setting up for success

Rikki Helps

Recently, the middle school students went on a 3 day camp to Woodhouse Activity Centre. During this time, students worked on building relationships with each other and their teachers.

Students began what would be many activities, with laser skirmish. Laser Skirmish is outdoor laser tag, which is a live video game where players form teams and win by tagging each other and other targets. Team Alpha was victorious in holding control of the beacon for the longest time. The day ended on a highlight with students in pairs trying to solve clues in the Labyrinth maze, where students had to work their way through the giant split-level maze, which included a fireman's pole, slide and stairs.

The hot weather didn't deter students making many trips up the steep hill with giant tubes for the tube slide, with the sprinklers running over the slides making the effort to get to the top worth it!

Challenge Hill was indeed a challenge! Students were faced with many obstacles to test their courage and stamina. Well done to Madison Amor, who successfully mastered the 3 ropes to get across the creek, with the rest falling in and not quite getting to the end of the obstacles (which was okay, as no one wanted to get out of the creek during the heat.) Other activities included teams working together to find geocaches all over the Woodhouse native bushland. Students tested their strength and strategies on the rock wall climb, with Nate, CJ and Jacob being winners at holding onto the wall the longest. Joel also beat Miss Helps' score of 10, successfully tapping 11 orange rocks with his hands or feet in 60 seconds!

The creek was a definite highlight of the trip, with the whole cohort ending the days cooling down, playing and just hanging out.

The Middle School Camp was successful in 'setting students up for success' in the development of strong relationships and a supportive culture, with many students challenged to step out of their comfort zone through activities and in the shared accommodation.

Middle School Camp - setting up for success

(continued)

Thoughts from students:

"The tube slides were really good, and they went fast! The maze was scary because you didn't know who was coming around the corner." Jacob Howlett

"I liked being in the creek because it gave me a chance to hang out with people I wouldn't normally chill with." Madison Ellery

"If you like challenges, Challenge Hills is the best! The tube slides are fast. I fell off the wall and had to stop thinking about the pain." CJ Epiha

"I liked the food! There was lots of yummy food. Sleeping in the dorm with other people was out of my comfort zone." Nate Moore

"I really liked the mouse trap because it was a miniature maze you had to crawl through." Natalia Edwards

"Doing dishes isn't that bad." Joel Crawford

"The activities were entertaining because they were fun. Walking up the hill for tube slide wasn't fun but it was a good reward to go down at the end." Maggie Bell

"Challenge Hill was easy. The rope was slippery trying to cross the creek." Tayte Virtanen

"Going down the tube slide with my friends was fun" Skye Virtanen

"Camp was fun and I loved the tube slide" Alissa Sedman



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PENOLA HIGH SCHOOL

ATHLETICS CARNIVAL



THURSDAY 2 MARCH 2023

ALL WELCOME

NO CANTEEN WILL BE AVAILABLE



427 ARMY CADET UNIT NARACOOORTE

As an Army Cadet you have the opportunity to experience things that most teens don't get to do in everyday life!

The Australian Army Cadets (AAC) is a community-based youth development organisation, adopting the values of the Australian Defence Force – *Service, Courage, Respect, Integrity and Excellence* – to empower youth to achieve their potential.

The AAC provides teenagers with opportunities to develop skills including leadership, initiative, teamwork and problem-solving in a safe, challenging and fun environment.

Amongst other things, Cadets participate in adventurous military-themed bivouacs, become trained in first aid, learn radio procedures, navigation and drill.

To top it off you get the chance to develop yourself as a person, with self-discipline and confidence.

Who can join?

Girls and boys who are Australian residents, in Year 7 or higher, aged 13 years old (or turning 13 in 2023 but not yet 17, can become Army Cadets.

Have some serious fun
Challenge yourself
Make new friends
Learn new Skills
Adventurous training
Earn SACE points

School Term Only

Come along and try
it for yourself!! *

427 Army Cadet Unit
Naracoorte High School
(Stem Room)
Stewart Terrace
Naracoorte SA 5271

Wednesday Nights
During School Terms
6.00pm – 8.30pm

Contact:

CAPT (AAC) Drew Hamilton
M: 0428 762 790

E: drew.hamilton@armycadets.gov.au



@427ArmyCadetUnit

Or Visit

www.armycadets.gov.au

Think about your next move

Dental Assistant Traineeship

SA Dental Service is offering up to
30 Dental Assisting Traineeship positions
at clinics across the state.



Dental Assistant Traineeships

SA Dental is offering up to 30 Dental Assisting Traineeship positions at clinics across the State. The 12-month Traineeship contract includes on the job training and attendance at TAFE where you will gain a Certificate 3 in Dental Assisting (now listed as a fee free course) while earning \$18,101 - \$37,664 a year.

If you are 17 – 24 years of age (or up to 30 years if Aboriginal or Torres Strait Islander) and have finished year 11, you may qualify for a Traineeship.

Applications open 26/02/2023 – 18/03/2023 for the June 2023 mid-year intake.

For more information on the Dental Assistant Traineeship please visit: www.sahealthcareers.com.au
(Search Job No: 823310 at this website from 26 February – 18 March to apply)



Australian Red Cross
Lifeblood®

Give life. Give blood in Mount Gambier.

Mount Gambier Bowls Club -Club Room
6 March to 9 March



Monday 6 March
Tuesday 7 March
Wednesday 8 March
Thursday 9 March

12.30 pm – 5 pm
10.30 am – 7 pm
11 am – 7.30 pm
9 am – 2.30 pm

give blood