

IT'S TERM 4

WHICH MEANS >

HIGH UV

WHICH MEANS >

KEEPING SUNSMART

WHICH MEANS >

WEARING A SUNSMART HAT AT RECESS & LUNCH

WHICH MEANS >

NO HAT - NO SUN PLAY

WEARING A HAT?



SUN
PLAY

NOT WEARING A HAT?



SHADE
PLAY

- Australia has one of the **highest rates** of skin cancer in the world.
- **2 in 3 Australians** will be diagnosed with skin cancer by the age of 70

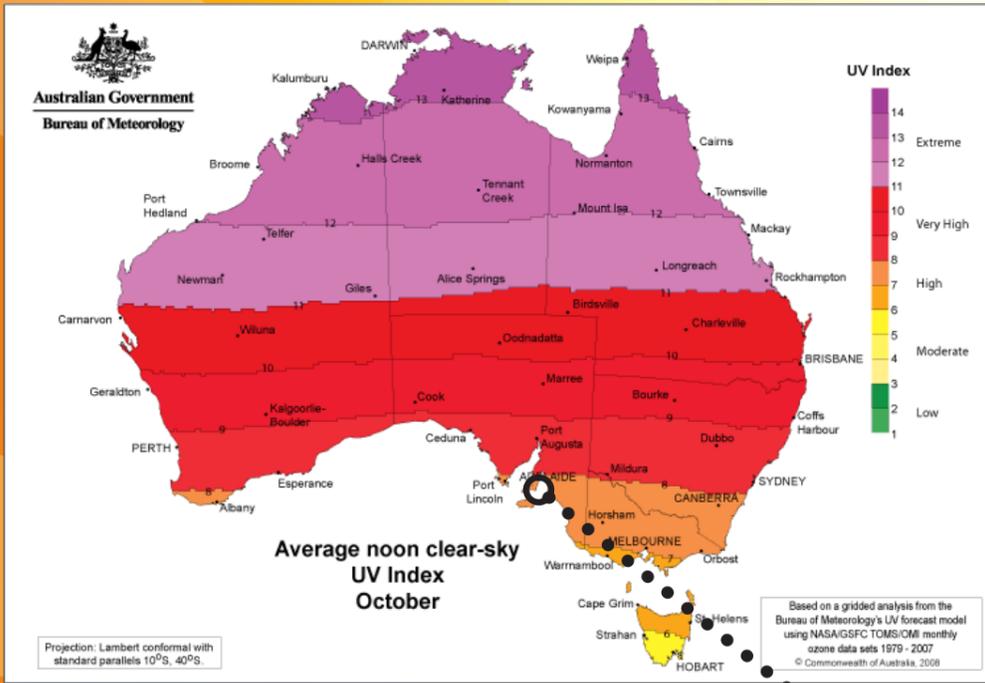
- Over **2,000 Australians** are treated for skin cancer every day.
- Around 2,000 Australians **die from skin cancer** each year.

- Melanomas account for one-quarter of all cancers for 15–29 years.

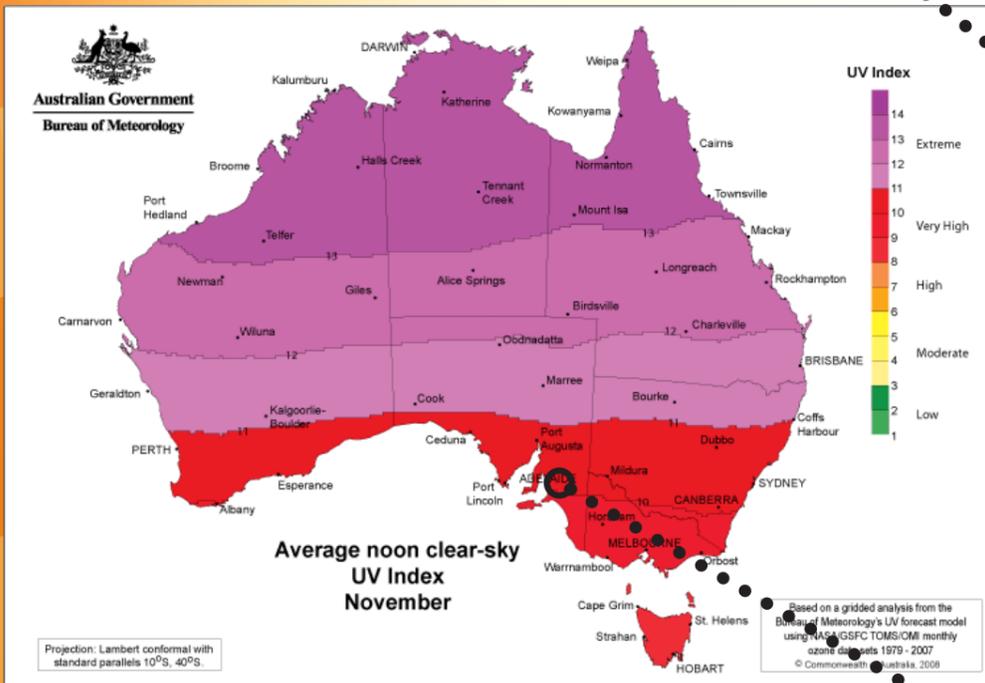
AVERAGE TERM 4

NOON UV-INDEXES

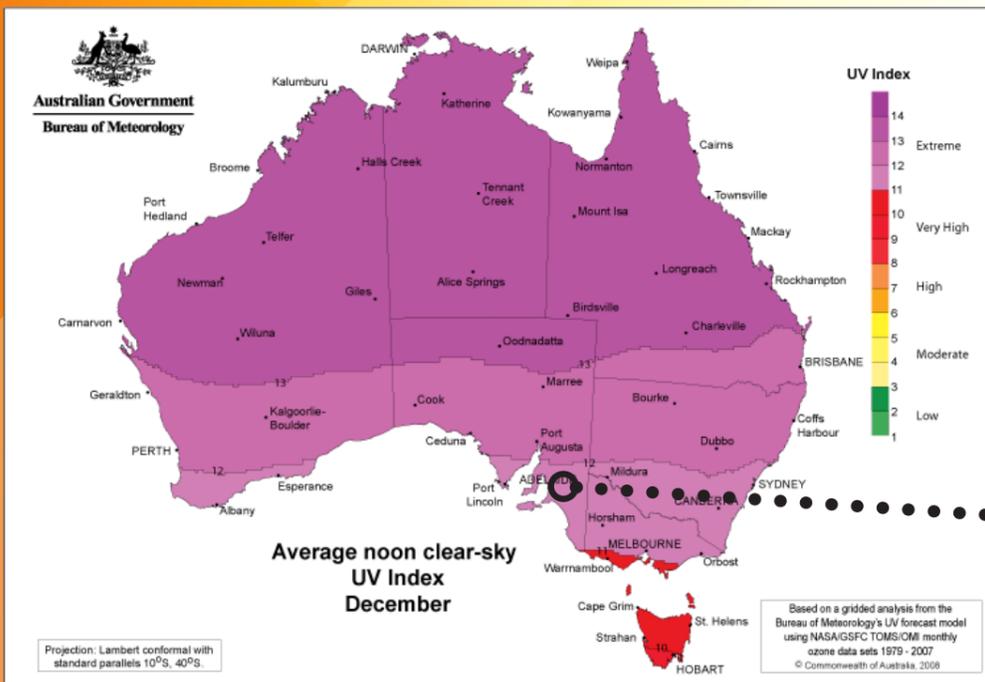
OCTOBER



NOVEMBER



DECEMBER



UV Index 1	Low	You can safely play outside!
UV Index 2		
UV Index 3	Moderate	Seek shade in the midday hours. Shirt, sunscreen and hat are highly recommended
UV Index 4		
UV Index 5		
UV Index 6	High	
UV Index 7		
UV Index 8	Very high	Stay in shade if outside in the midday hours. Shirt, sunscreen and a hat are a must!
UV Index 9		
UV Index 10		
UV Index 11+	Extreme	

WEARING A HAT?



NOT WEARING A HAT?



**SUN
PLAY**

**SHADE
PLAY**

**Term 1 and Term 4
ARE SUNSMART HAT TERMS**